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of the Vancouver/Victoria, Simon Fraser University and University of British of
Columbia, Canada

Unobtrusive Smart Sensing and Pervasive Computing for HealthCare

Cardio-Respiratory and Motor Activity Assessment

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IEEE I&M Distinguished Lecturer

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Now: Active 9 IEEE IMS DL



– [Kristen Donnell](#)

AdCom (2016-2019);

– Distinguished Lecturer Program Chair

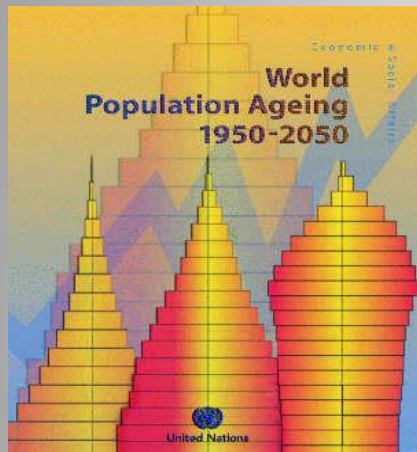
- <http://ieee-ims.org/education/distinguished-lecturers-program>

Outline

- Population ageing phenomena: Facts and Motivation
- Assistive Environments for Healthcare
 - Daily used object with sensing and computation capabilities
 - Modular wearable smart sensing solutions
 - Objective Physical Rehabilitation based on Kinect Sensor and Thermography
- Conclusions

- Elderly people are the fastest growing segment of the population;
- According with UN the population over 60 years old will increase worldwide from 11% now to 22% in 2050;

The healthcare system is under pressure



Ageing *Motivation*



Develop new **assistive environments** for healthcare for higher:

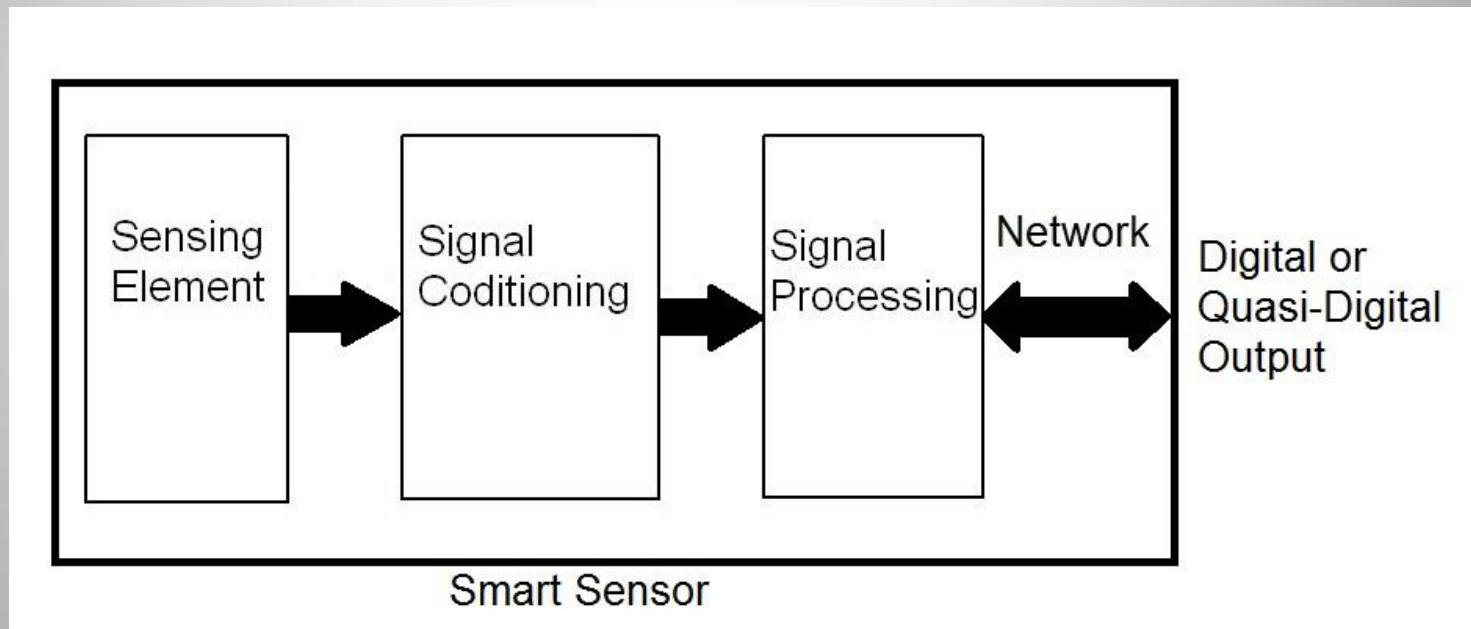
- QoS
- Efficiency

Increase the usability and the acceptance by Elderly of new healthcare devices



smart sensors → combination of **sensor, signal conditioning, embedded algorithms and communication interface**

Standards: IEEE 21451.X



E. Song, K. Lee, et al, ICEMI 2011,

R. Morelo , O. Postolache , Guest Editor, Advanced, IEEE Sensors Journal, 2015

Assistive Environments for Healthcare

Pervasive Computing



Pervasive (ubiquitous) computing
→ embedding microprocessors in everyday used objects so they can communicate information

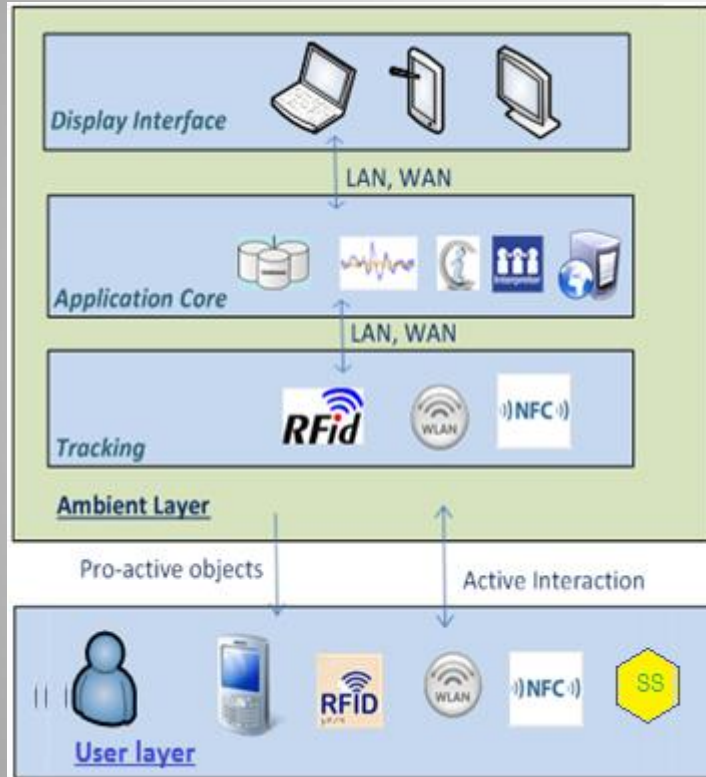
... *Healthcare Beyond ..*
pervasive sensing & computing?

Mark Weiser, "The Computer for the 21st Century", Scientific American. 1991

Mark Weiser- - father of ubiquitous computing, PARC Xerox company

Assistive Environment for Healthcare

Healthcare Ecosystem for elderly



Sensing and Computing



Implemented Healthcare ecosystem- Ecosystem

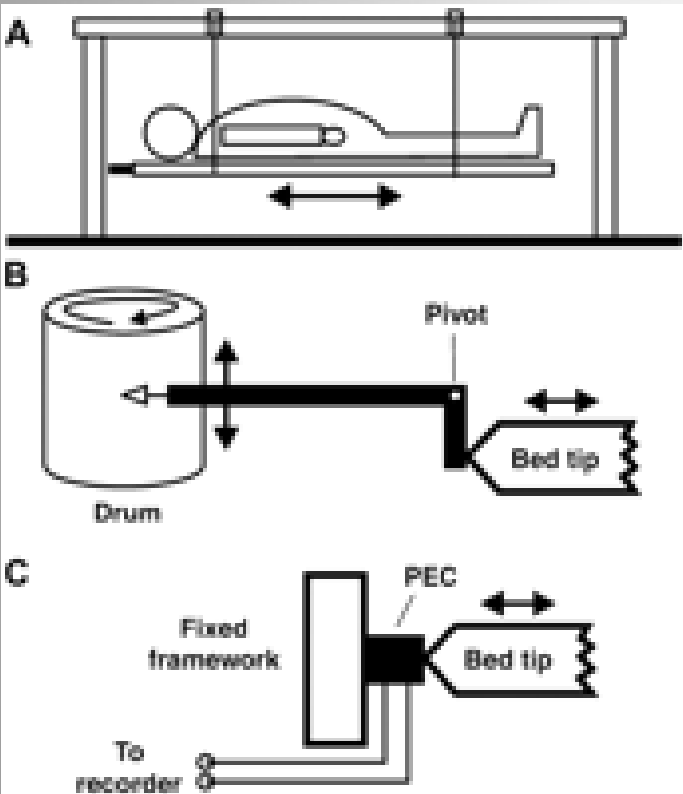
Assistive Environments for Healthcare

Objectives

- To perform vital signs and motor activity assessment in non-intrusive way;
- To provide accuracy and reliability based on unobtrusive smart sensing and pervasive computing associated with daily used objects;
- Real-time processing and multi-user monitoring.
- *smart wheelchair,*
- *smart walker;*
- *smart clothes and accessories.*

Smart Wheelchair *BCG sensing system*

BCG yesterday



Isaac Starr – 50' cardiac monitoring fashion

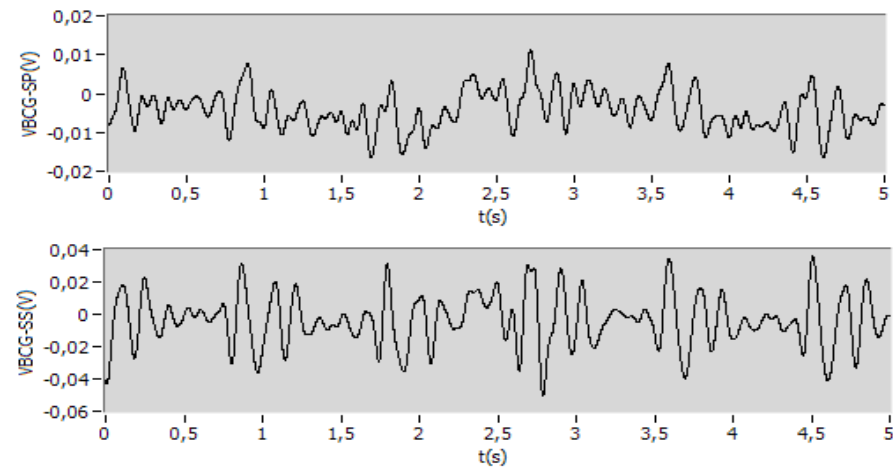
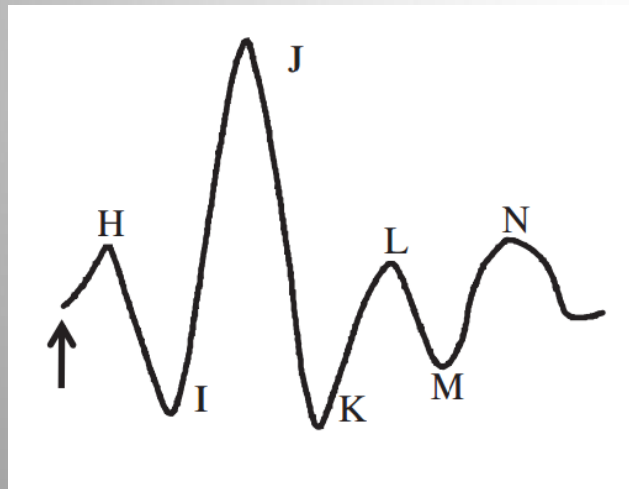
BCG today



Cardio-respiratory monitor based on EMFIT and MEMS accelerometer

- BCG captures pressure oscillations due to heart activity
- Cardiac output through HR, HRV is assessed

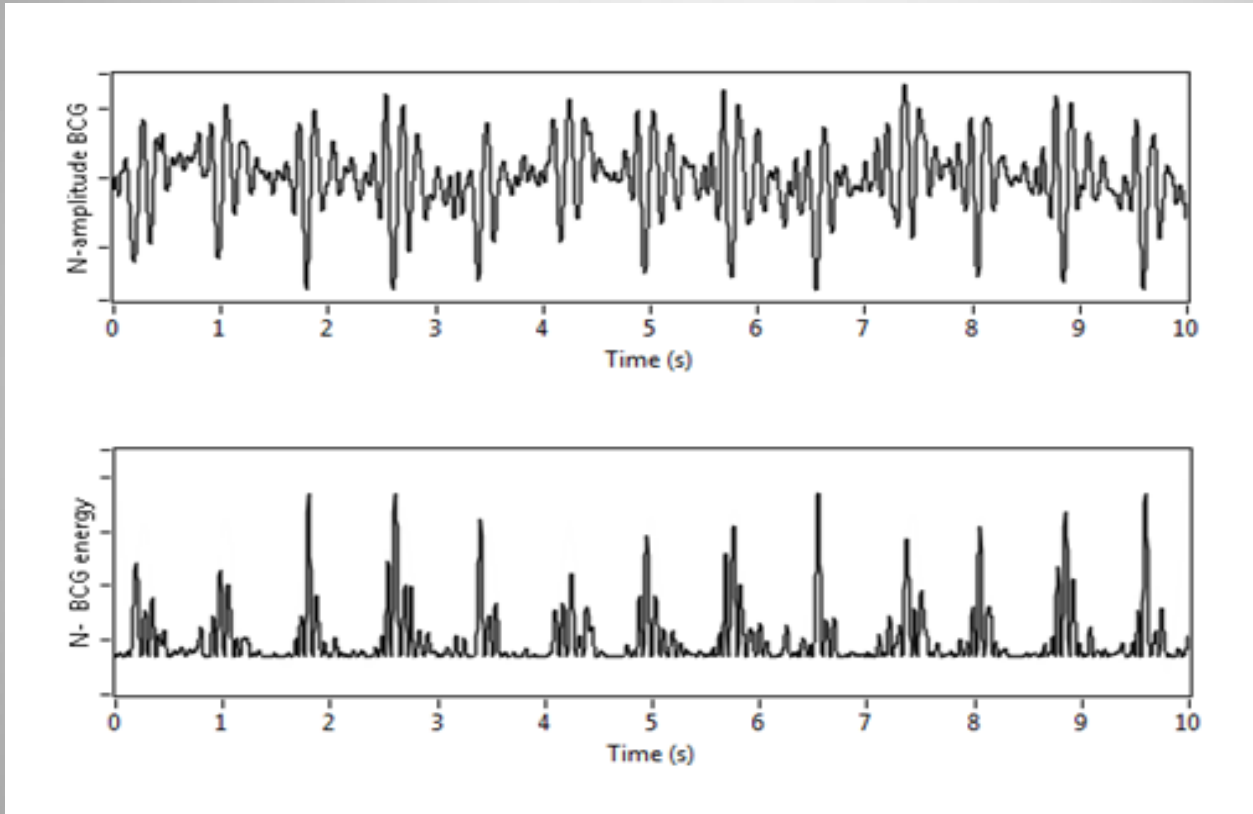
BCG wheelchair seat



BCG wheelchair backrest

Smart Wheelchair

HR through BCG

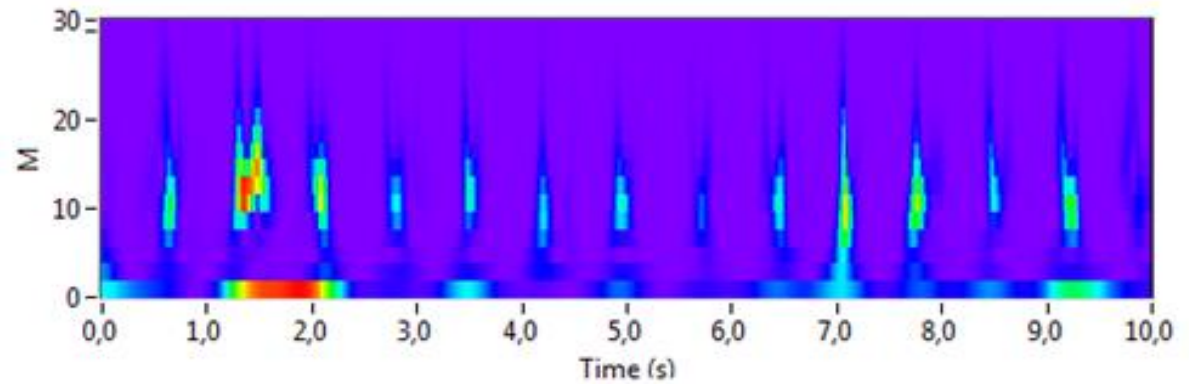


$$X_{BCG}(t)$$

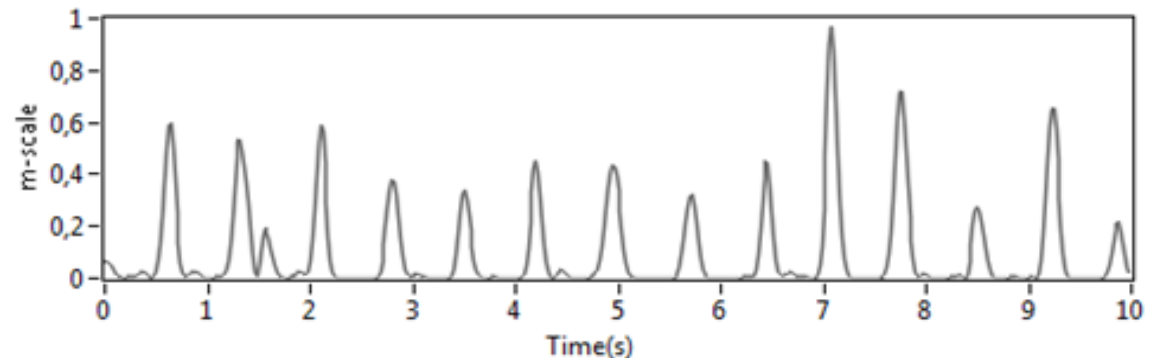


$$X_{BCG}^2(t)$$

Cardiac output through
CWT Scalogram of
BCG energy

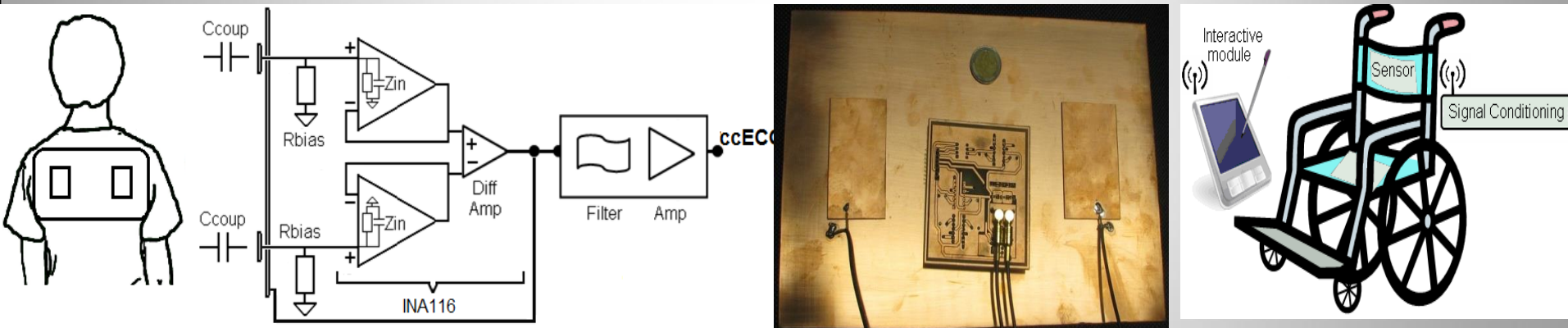


HR extraction based on
peak detection of a
selected *scale* and
threshold=0).



IEEE EMBC 2013, Osaka, Japan

Capacitive Coupled Electrocardiogram (ccECG)

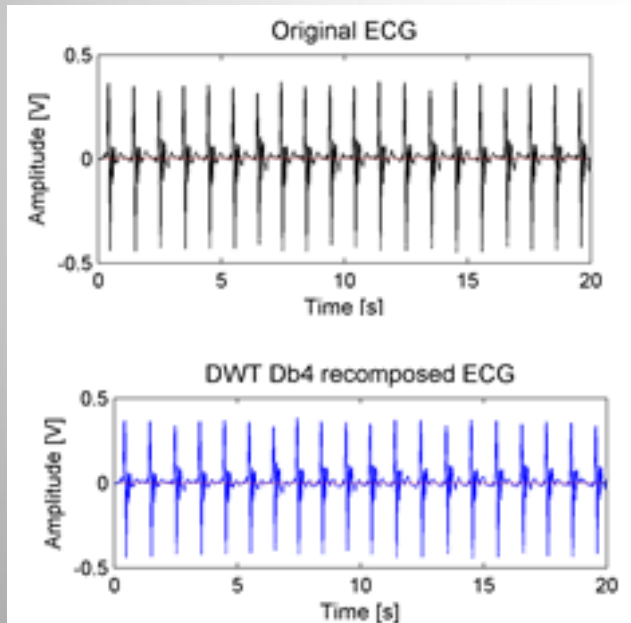


2 copper electrodes (33.75 cm²) at 20 cm distance, embedded within the wheelchair backseat cover, 1 copper plane of 550 cm²

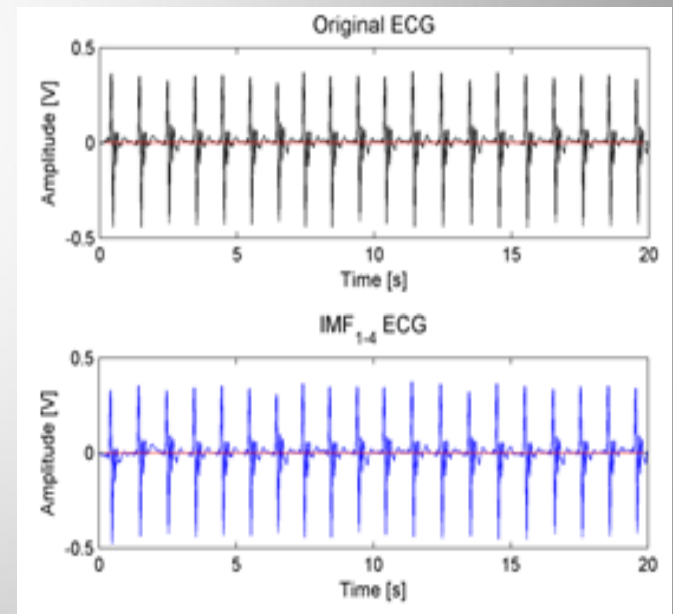
IEEE 2MTC 2013, Minneapolis, USA

- Artifact removal and denoising
- DWT and SWT (Doubeschies mw)
- Empirical Mode Decomposition (with PCA-EMD optimization)

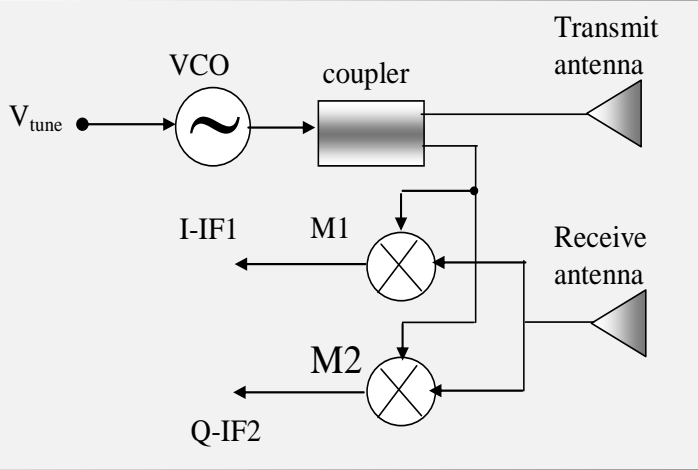
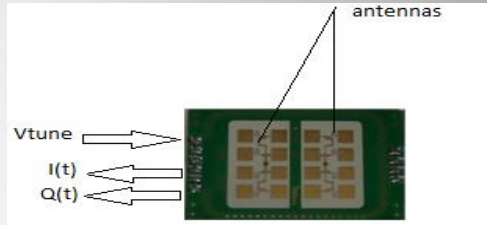
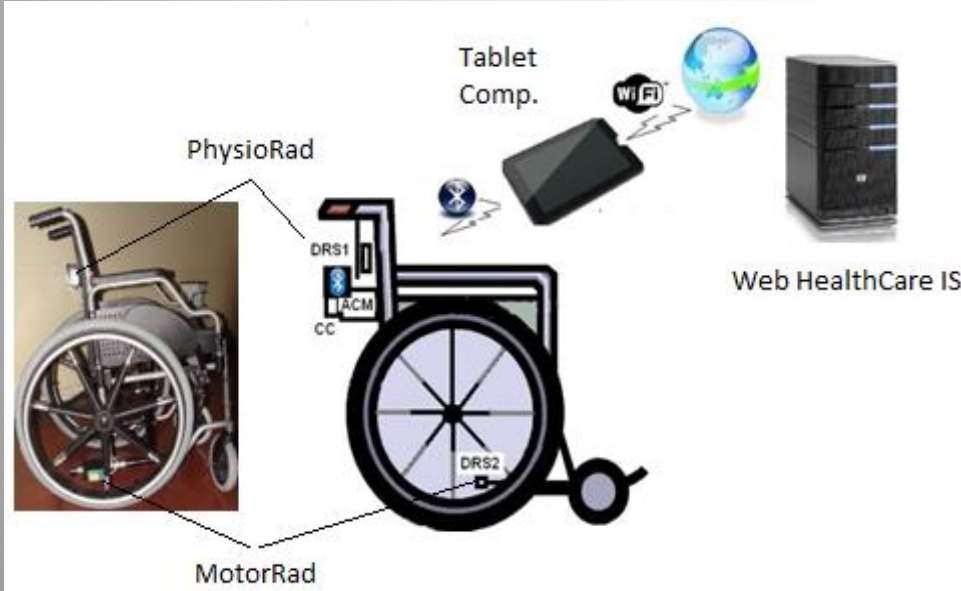
DWT



EMD



Ballistocardiography-seismography monitoring system based on 24GHz FMCW Doppler radar

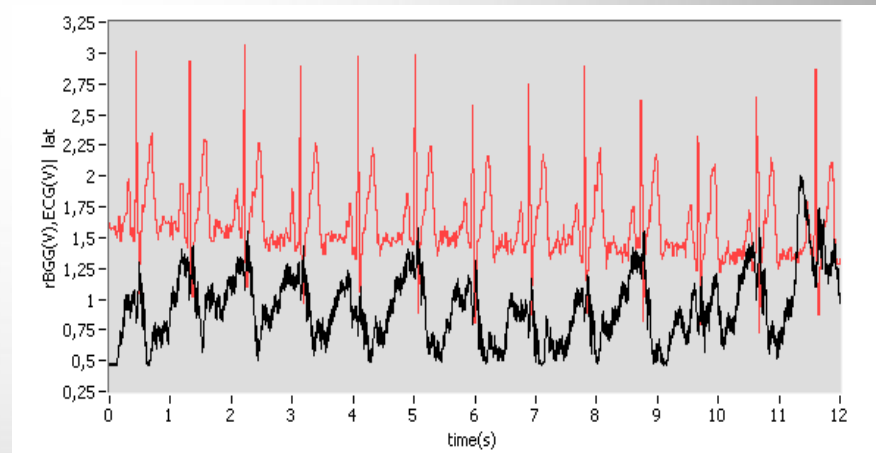
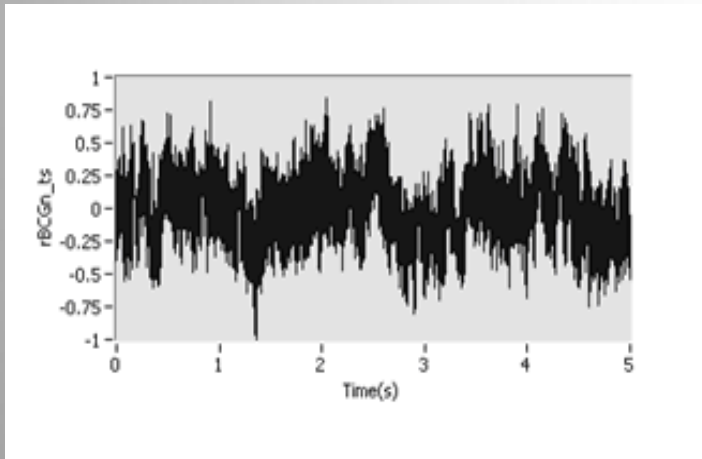


IEEE EMBC2011, Boston, USA

Smart Wheelchair

RadarSignal - CardioResp

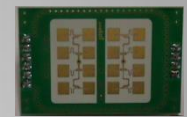
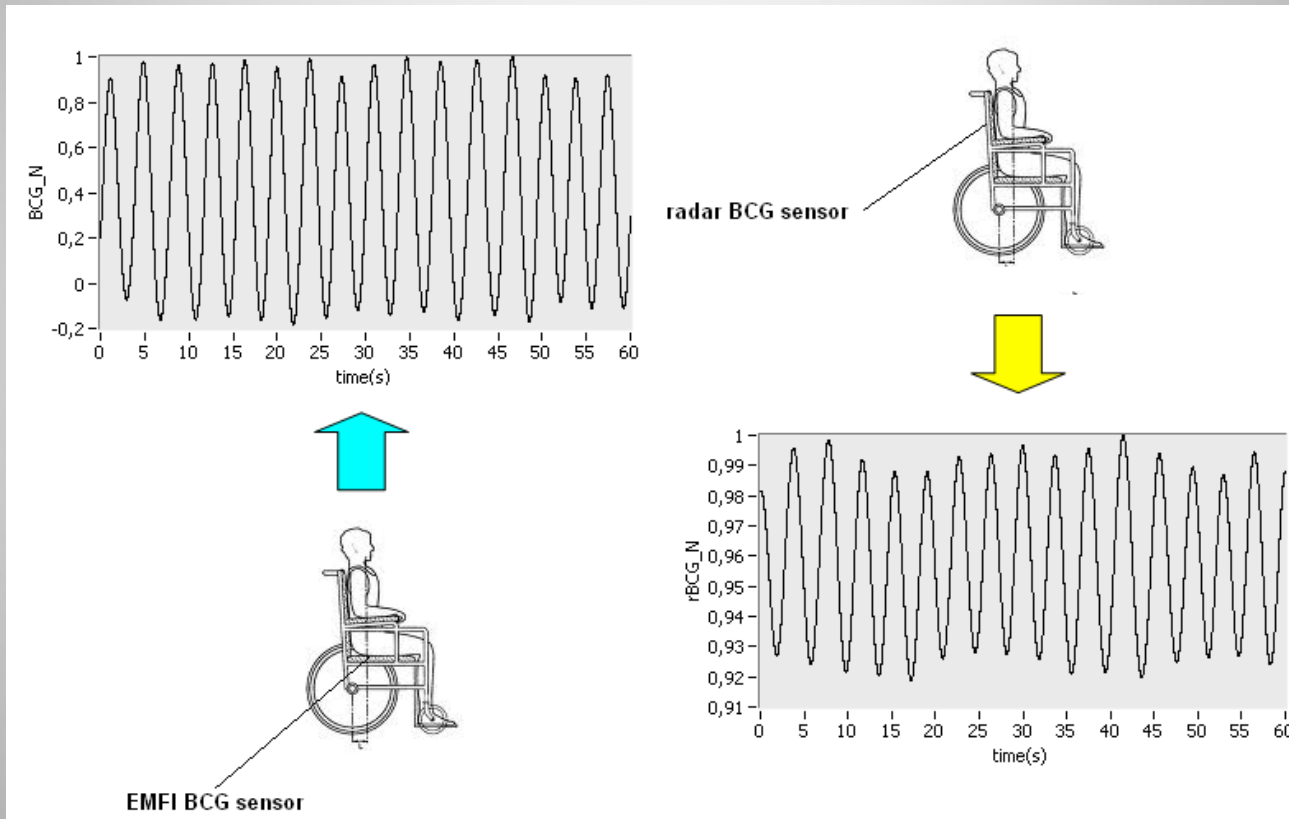
∞ FMCW Doppler radar output signals - balistocardiography (BCG) signals include information about cardiac and respiration activity,



IEEE EMBC2011, Boston, USA

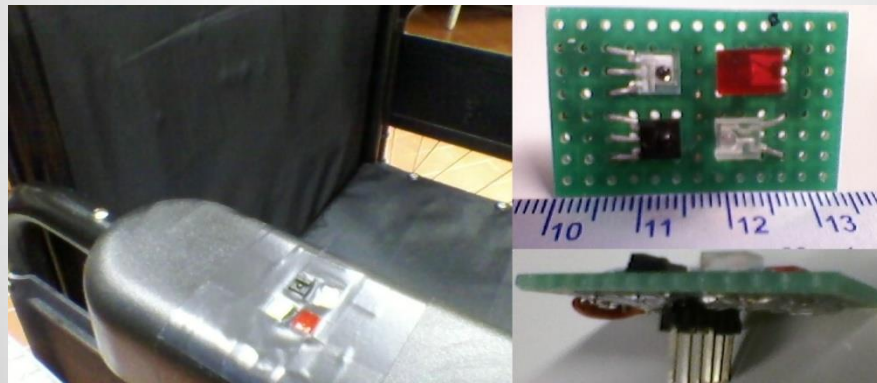
Smart Wheelchair

Respiration signals obtained from EMFIT BCG and Radar BCG signals



*3rd order
DWT
decomposition
db4
mother
wavelet
respS=
approx.*

Reflective photo - plethysmography embedded in the wheelchair arms Electrocardiogram (rPPG)



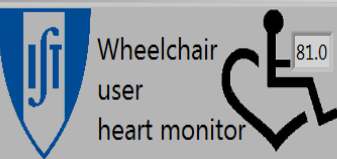
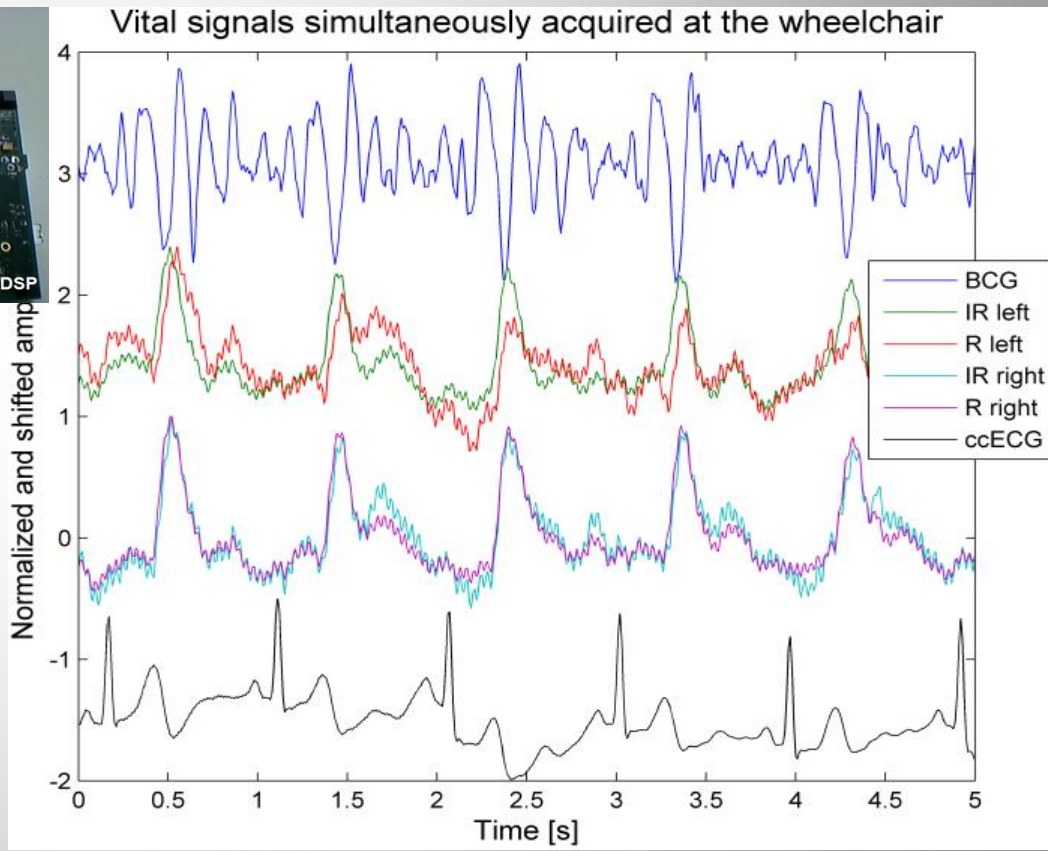
Robust measurement on arm/hand/wrist HR and SpO2 was obtained

I2MTC 2013

Smart Wheelchair

Processing BCG, PPG and ccECG in DSP platform

Simultaneously
acquired signals
based on DSP
platform



Wheelchair user heart monitor 81.0

Action to take: Send 2Ch

Server address: 192.168.1.200

- Send 4Ch 1kHz mode
- Start 16Ch 200Hz mode
- Send 2Ch 200Hz waves
- Select ccECG wave
- Select IRright wave
- Select IRleft wave
- Select Rright wave
- Select Rleft wave
- Select BCG wave
- Select SeatAcc wave
- Select BackAcc wave
- Select MedlabECG wave
- See 1st-4th chan data (ECG)
- See 5th-8th chan data (PPG)
- See 13th-16th chan data (REF)
- Send Heart Rate
- Send SpO2 and PTT
- Pause sends

Data Wheelchair results

Read string

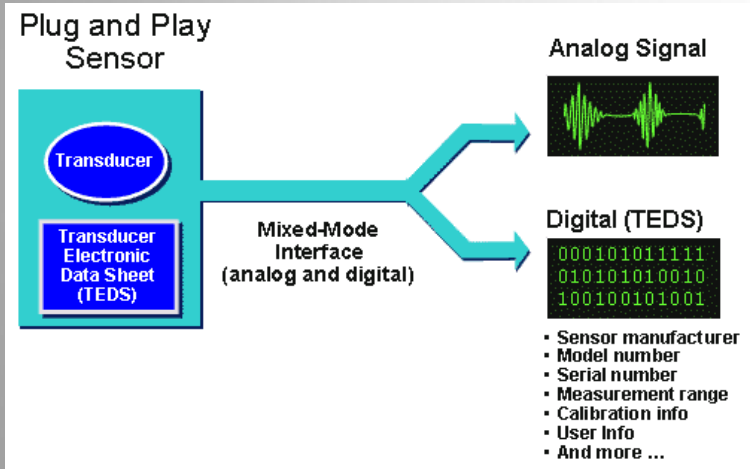
```
2/-5085P22943/-5099P21714/-4789P20434/-3880P19150/-2282P17857/
-9P16566/2722P15309/5670P14060/8528P12846/11069P11647/13100P10487/
1454nP0351/15355P0264/1560P27270/15347P06211/14671P5325/13614P4490/
```

Signals

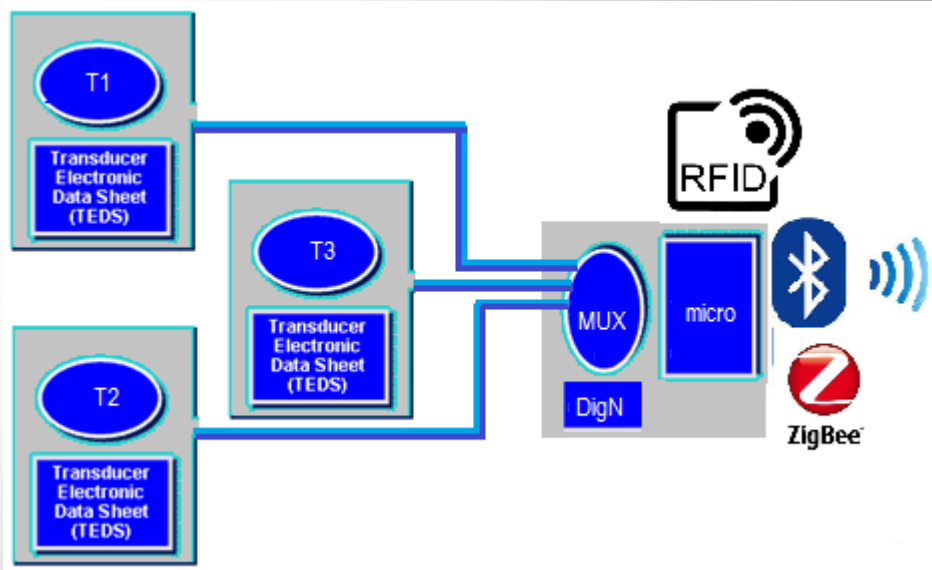
Smart Wheelchair

Interoperability & Standards

increase interoperability of the smart objects through the IEEE21451.4 implementation



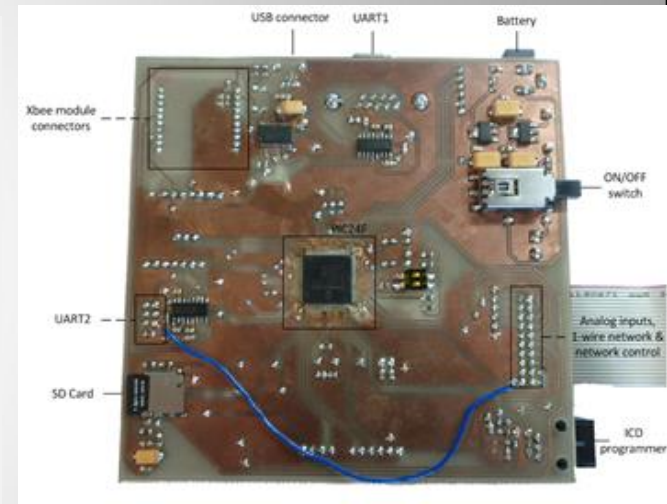
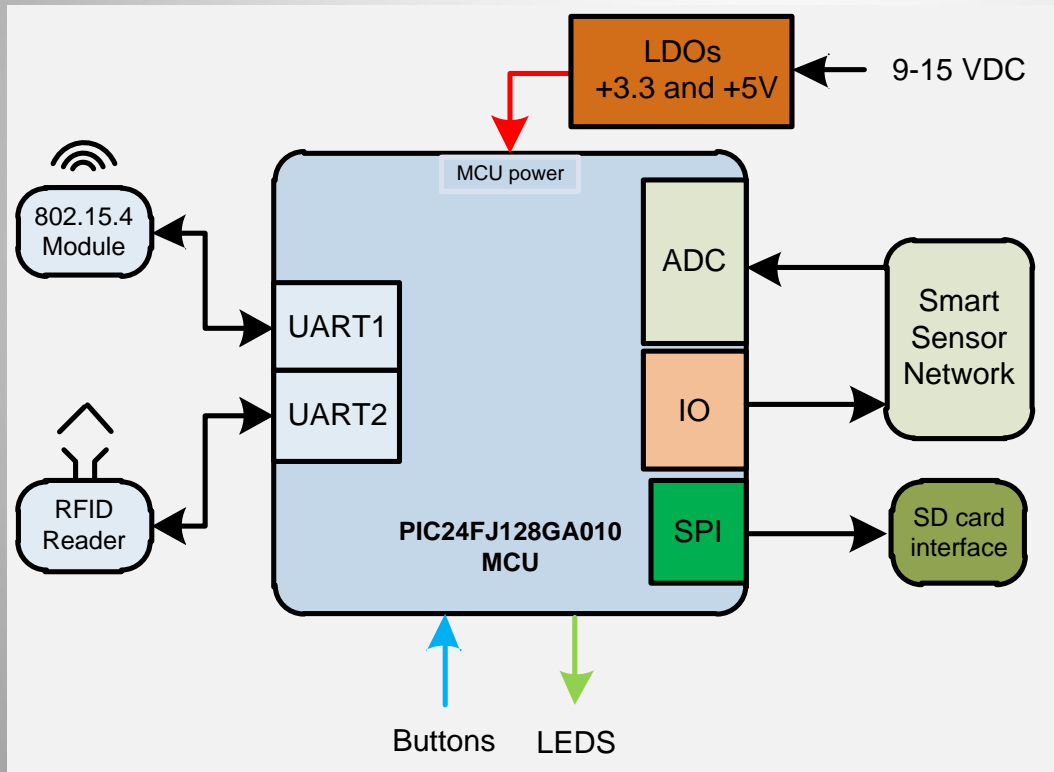
*NI - IEEE 21451.4
Standard Overview*



Implemented architecture

Smart Wheelchair

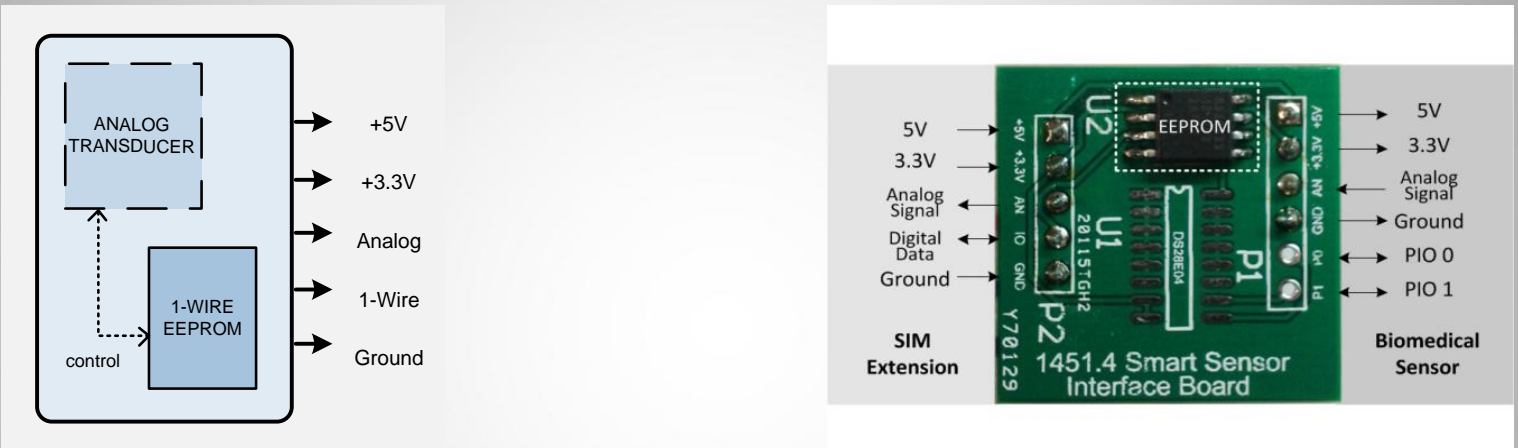
IEEE1451.4 Smart Gateway



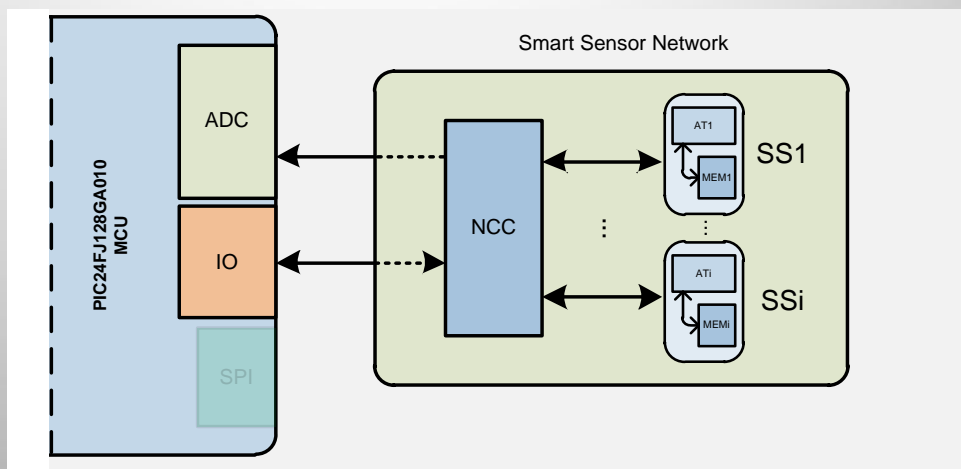
Smart Wheelchair

IEEE21451.4 nodes and interfacing

Smart sensor node

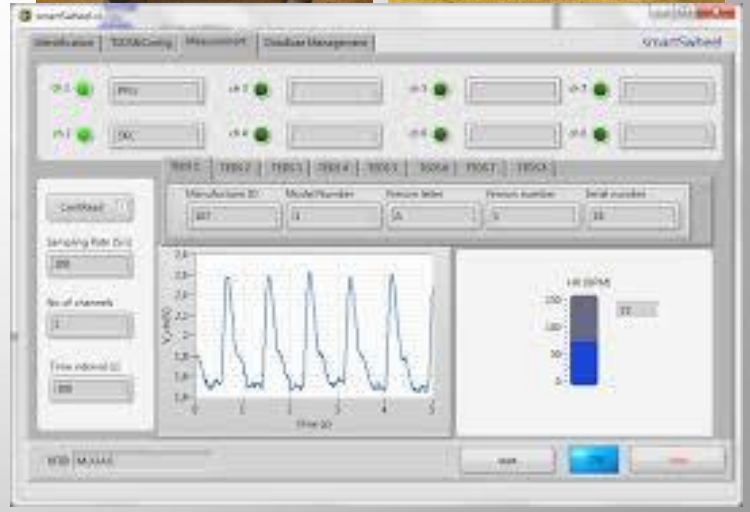
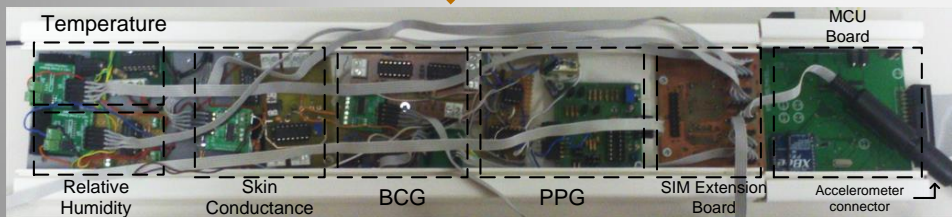
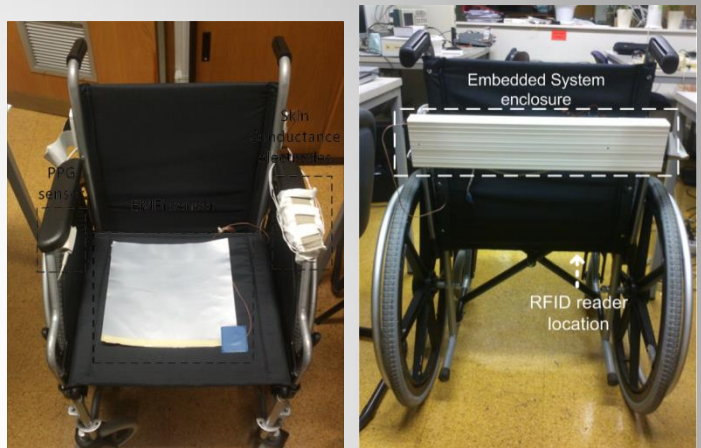
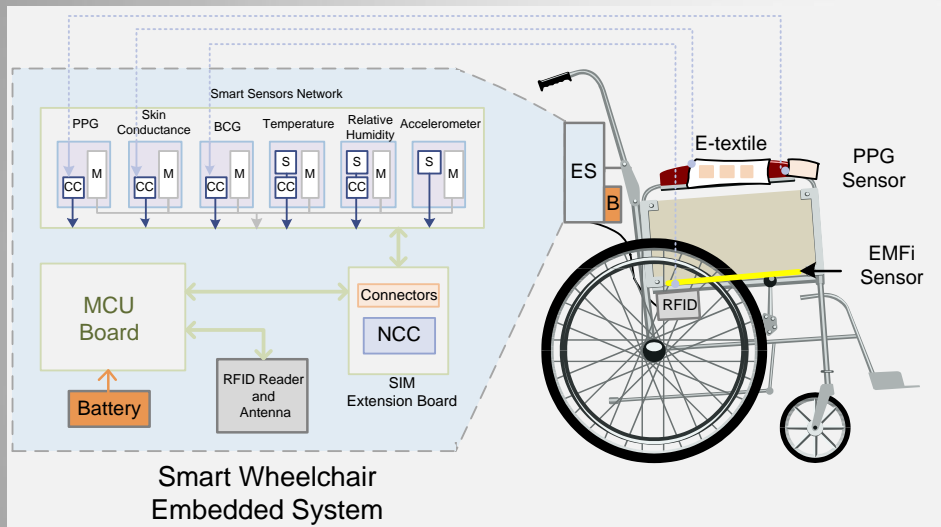


Smart sensor network

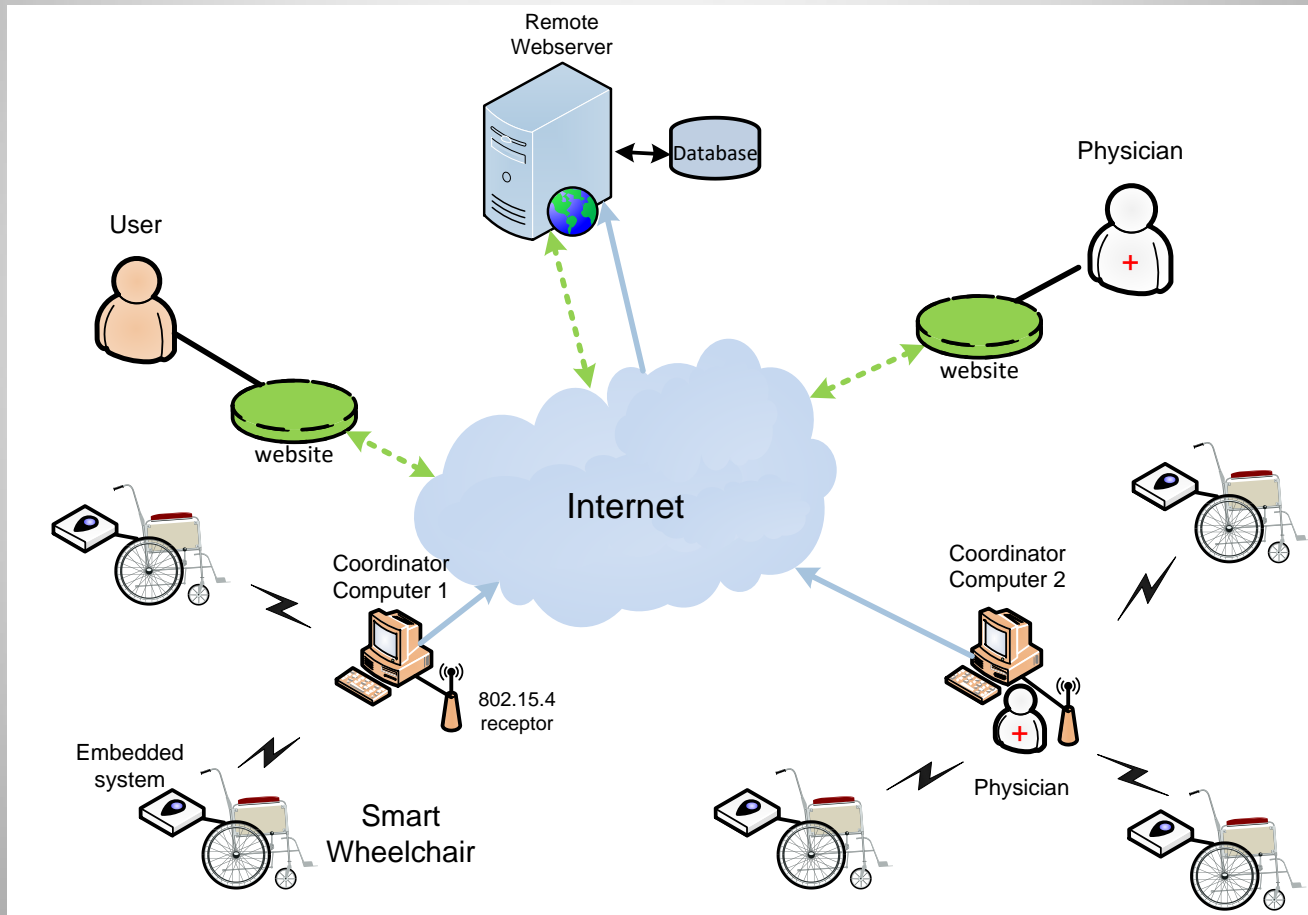


Smart Wheelchair

IEEE21451.4 implemented prototype



Smart Wheelchair *multiuser net*



Physiotherapy Assessment

Smart Walkers Prototypes



standardW



2wheelsW

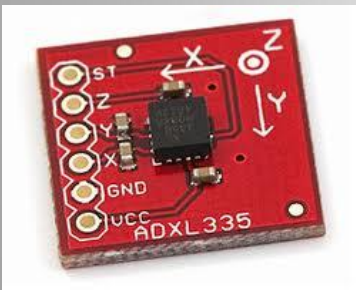


4wheelsW

*O. Postolache et. al., IEEE, ICST 2011, NZ, O. Postolache et. Al., IEEE MeMeA 2015, Turin, Italy
O. Postolache IEEE EHB 2015, Iasi, Romania*

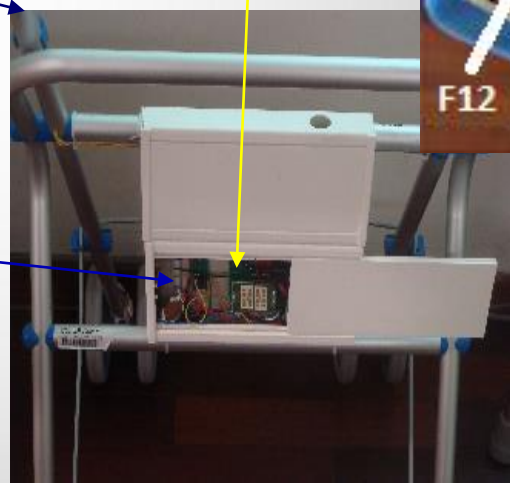
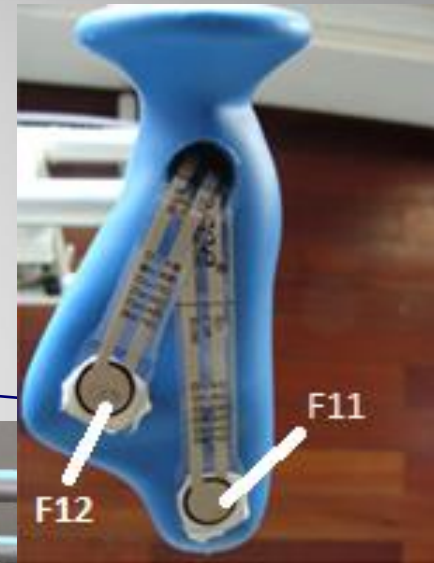


Force sensor

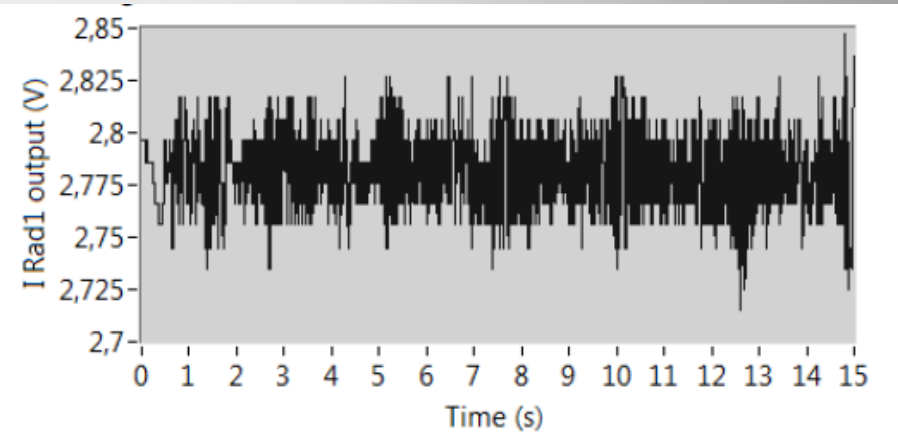


3D accelerometer

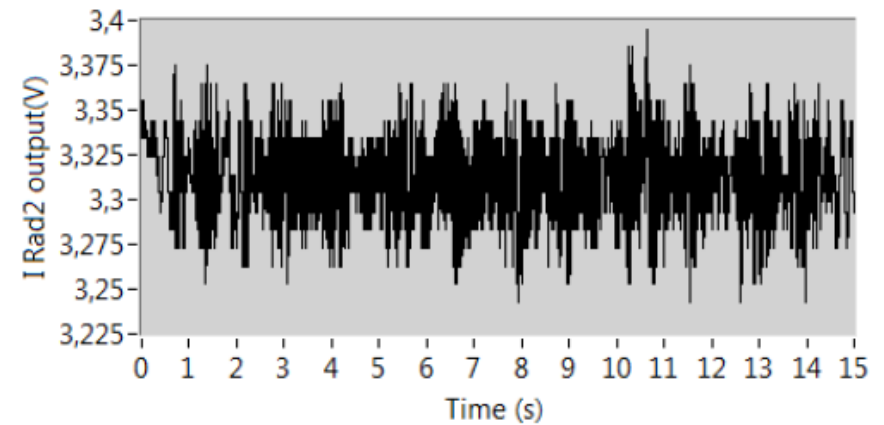
Single Doppler Radar



Gait assessment by Doppler radar sensor array

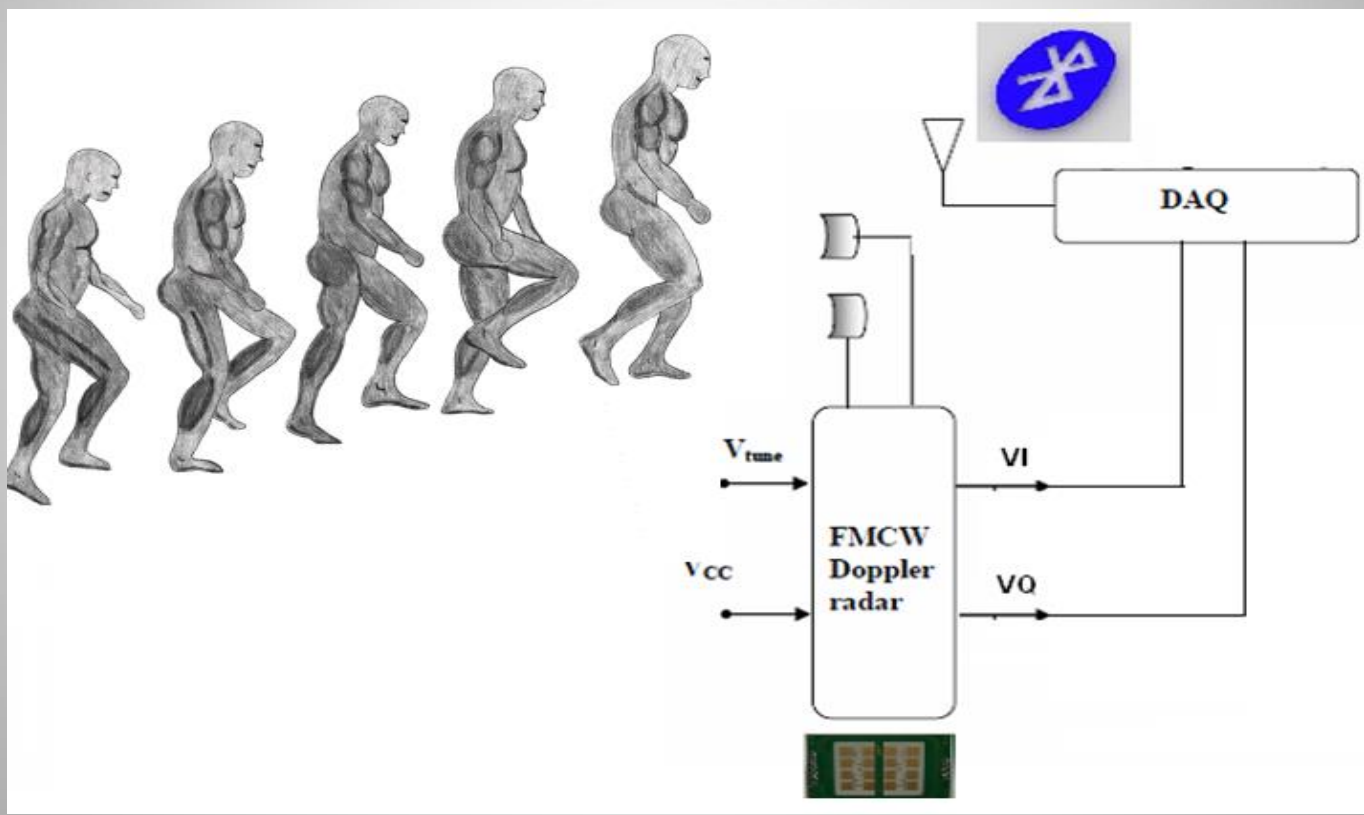


a)

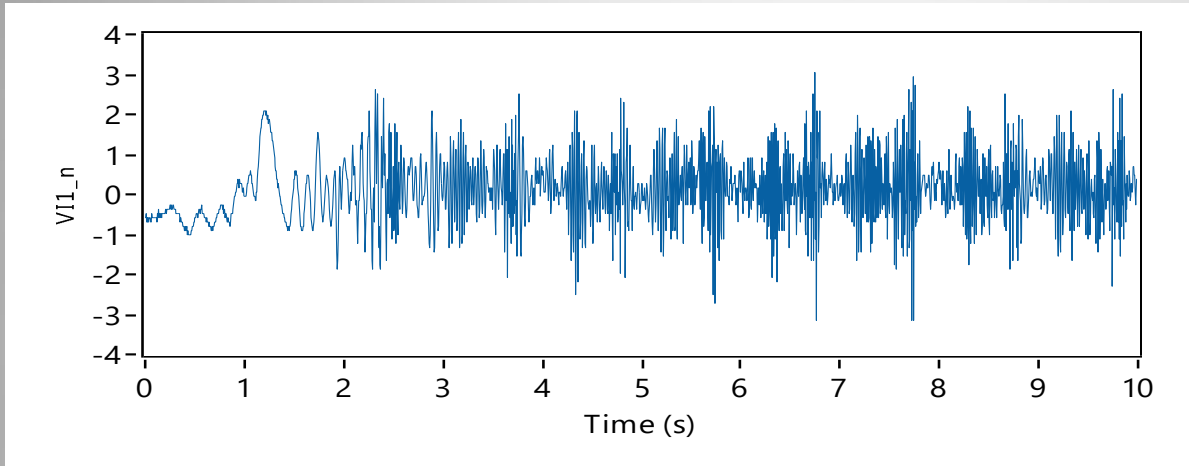


b)

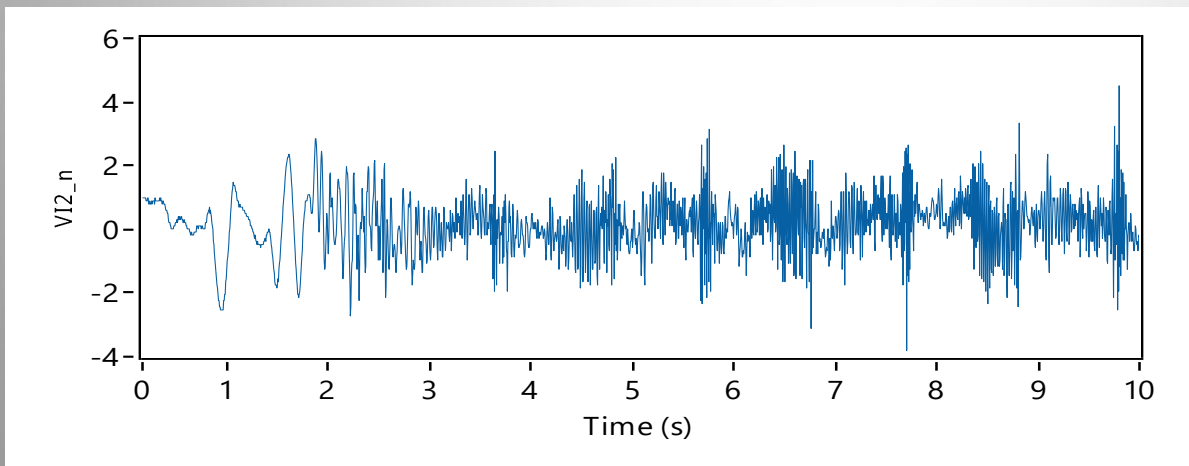
Gait Pattern Sensing and embedded processing



Smart Walker – *Gait Doppler radar Signals*

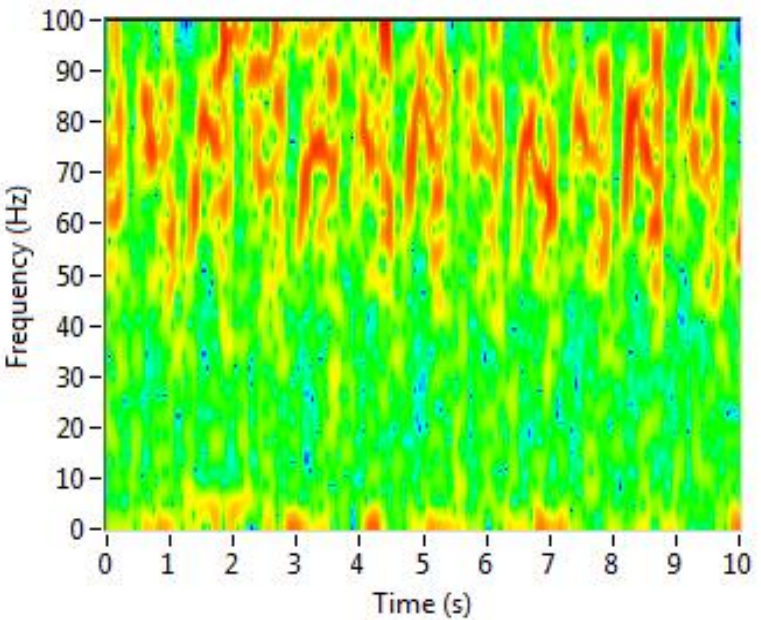


Regular Gait

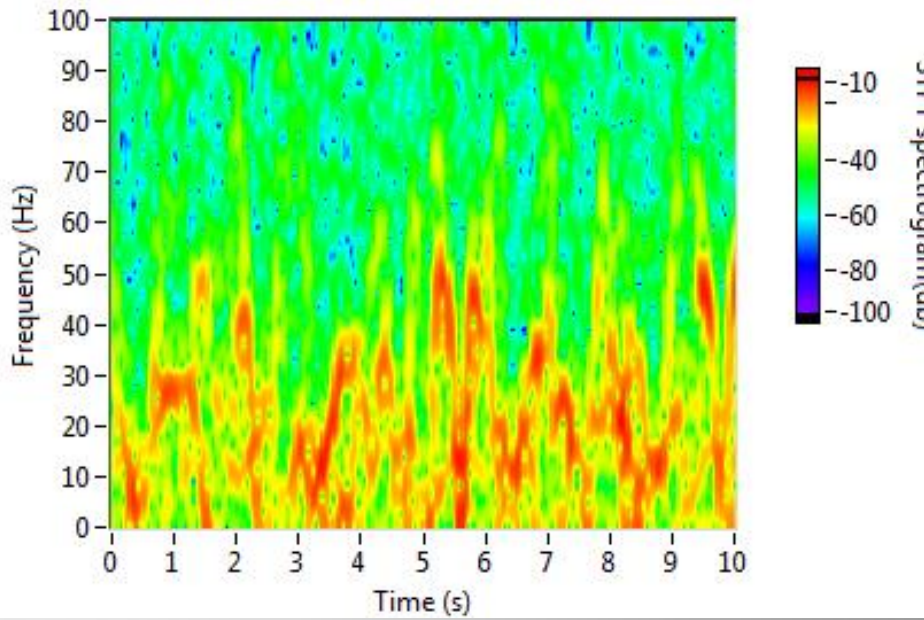


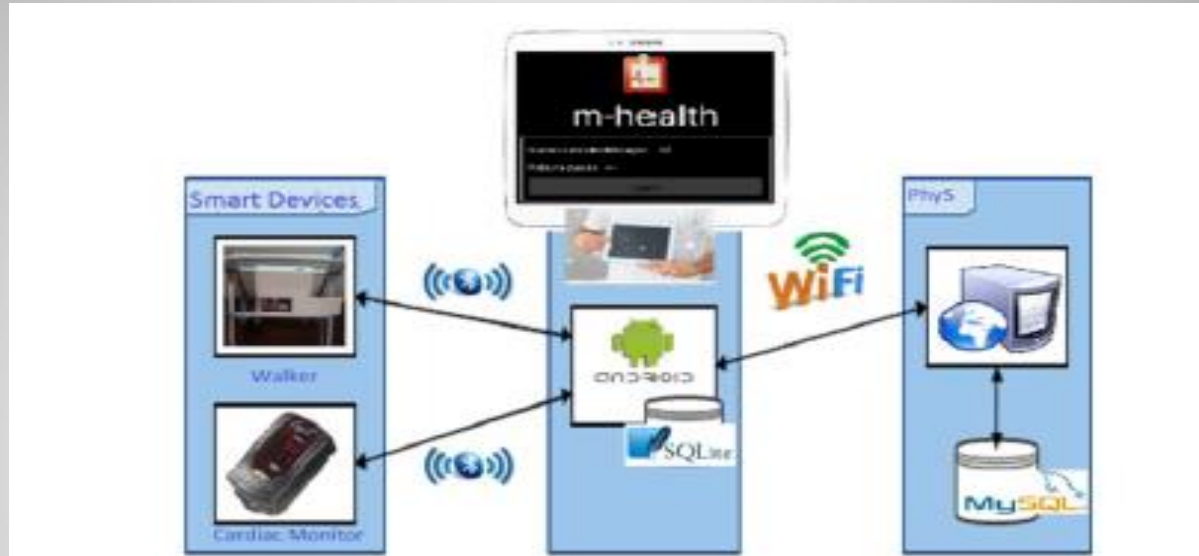
Hemiparetic Gait

Regular Gait



Hemi paretic Gait





EHR & Smart Walker *Cardiac and Motor Activity Monitoring*

Nome do utilizador:

Palavra-passe:

Perfil

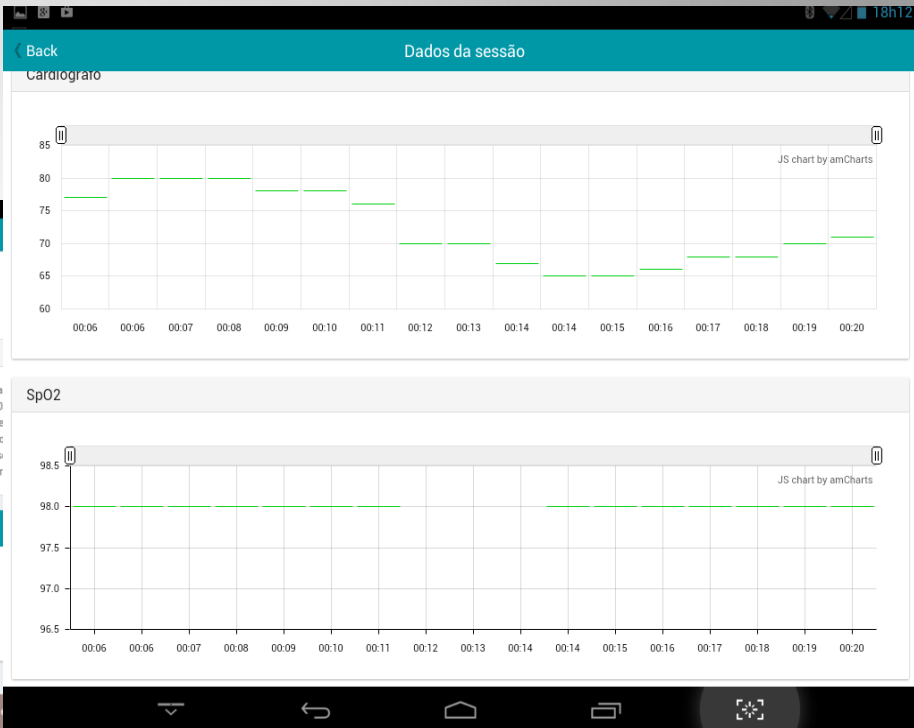
Ana Pedro
 idade: 40
 Género: Feminino
 Raça: Caucasóide

Dados Antropométricos

Peso: 70kg
 Altura: 185cm
 Dist. espinhas ilíacas antero-posterior: 100cm
 Comprimento Perna: 100 cm
 Comprimento Pé: 38 cm

Torção tibial esquerda
 Torção tibial direita 10
 Diâmetro joelho esquerdo
 Diâmetro joelho direito
 Diâmetro tornozelo esquerdo
 Diâmetro tornozelo direito

- Historial clínico
- Intervenções
- Medicação
- Alertas



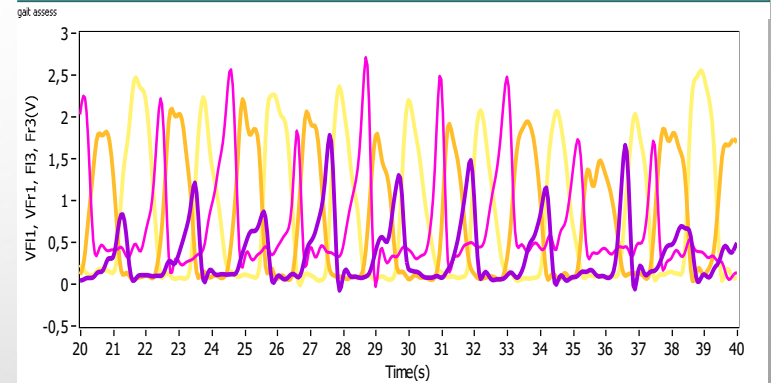
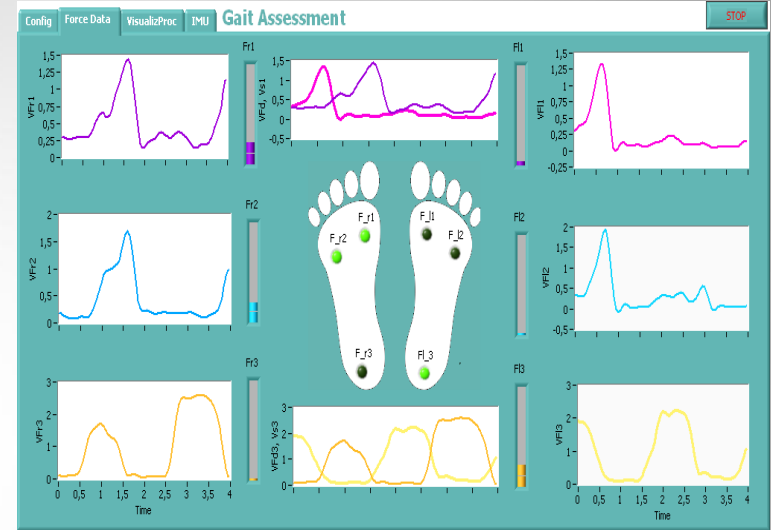
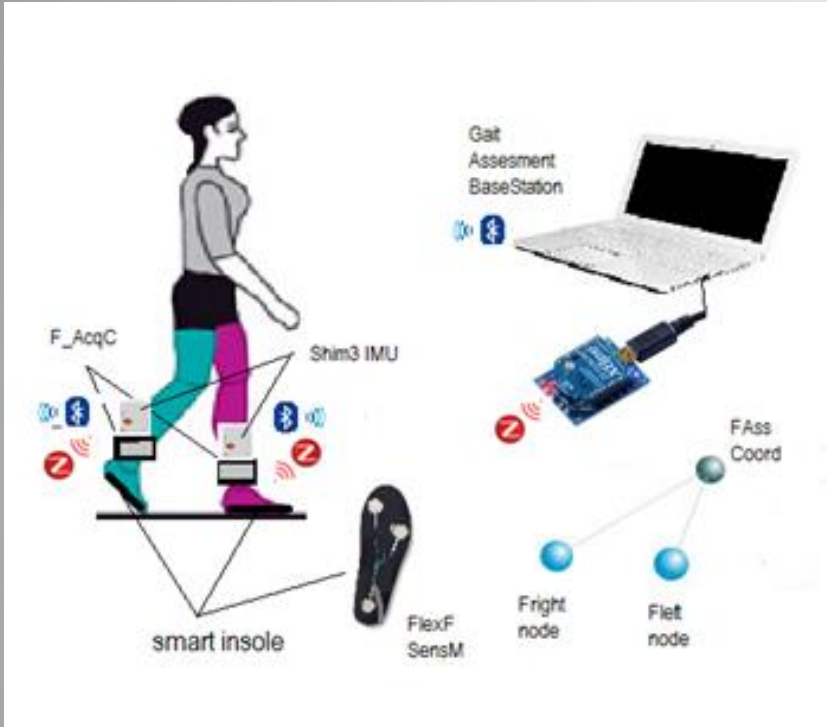
IONIC + NATIVE + MAGIC = SUPERSONIC

DEAD SIMPLE DATA INTEGRATIONS

ACCESS DEVICE FEATURES LIKE A BOSS

**Login; Patient registration interface;
cardiac information**

Wearable Smart Insole Architecture, Signals & Software



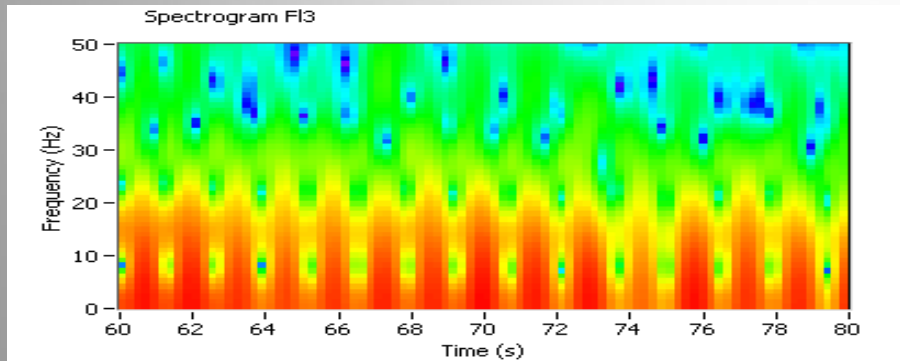
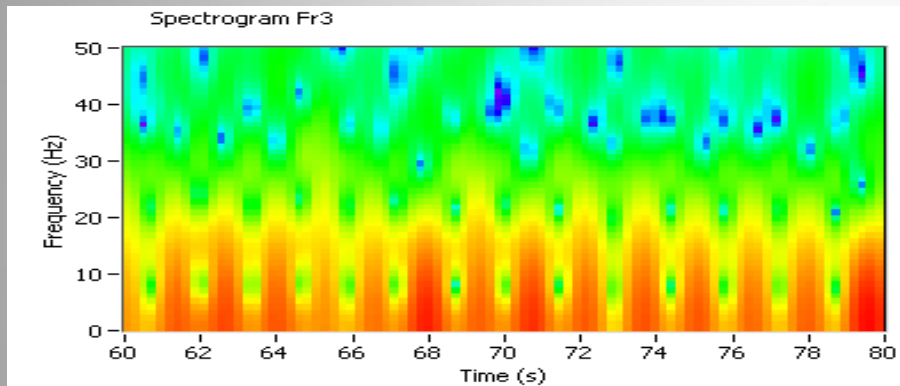
voltage signals normal gait from
metatarsal calcaneus area

ATEE 2015, Bucharest, Romania

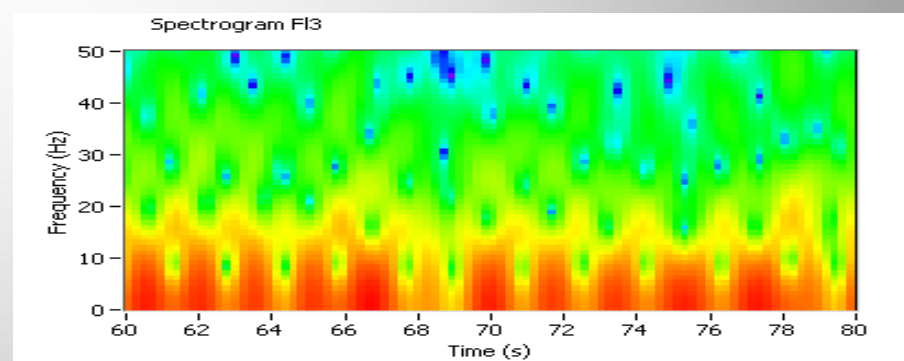
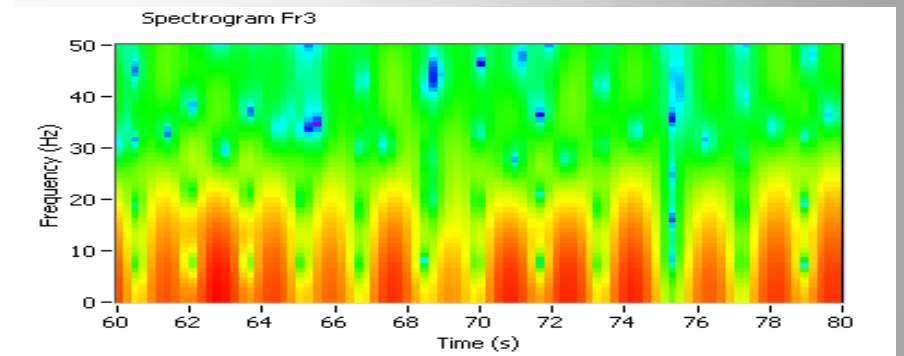
Wearable Smart Insole

Spectrogram signature for normal and abnormal gait

Normal gait



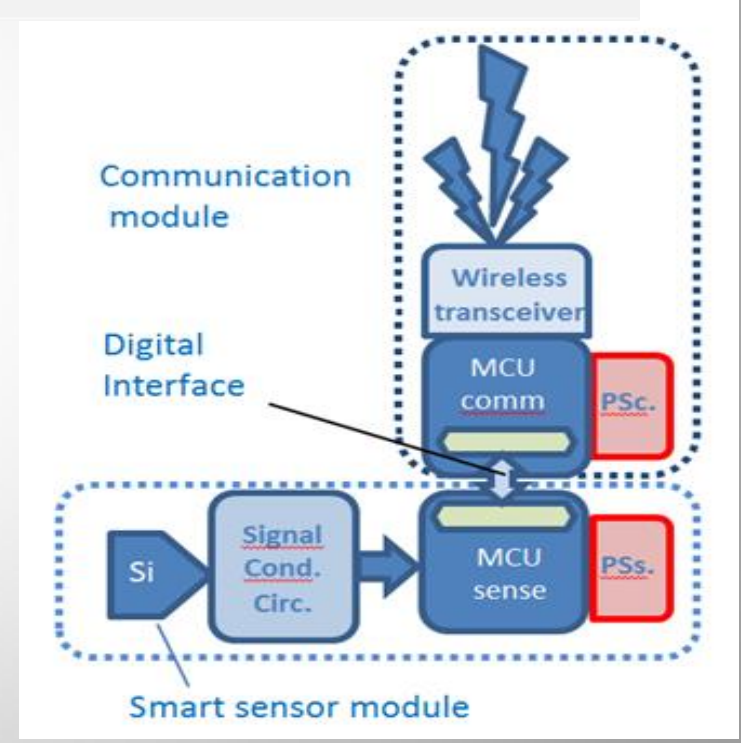
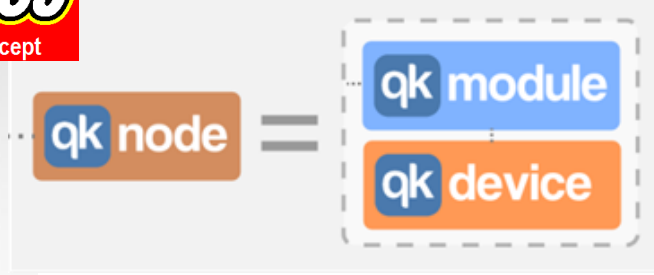
Abnormal gait



Wearable fast prototyping *qk platform*

- Fully modular and interoperable;
- Distributed computation

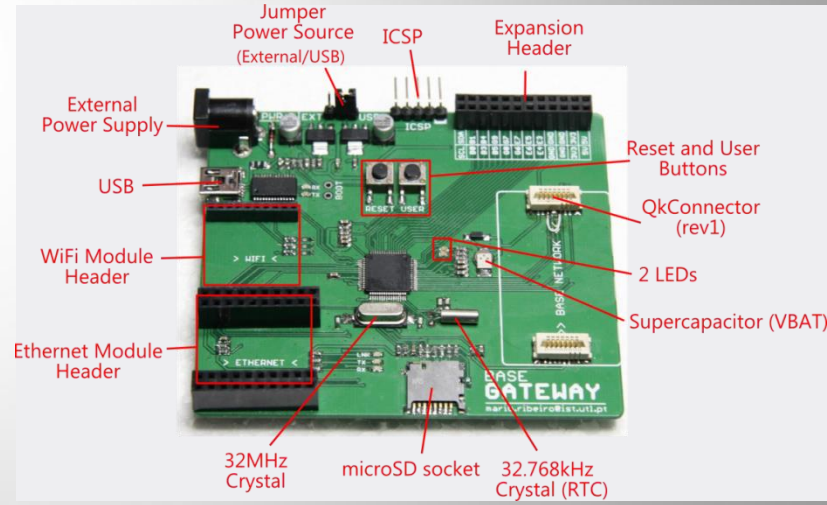
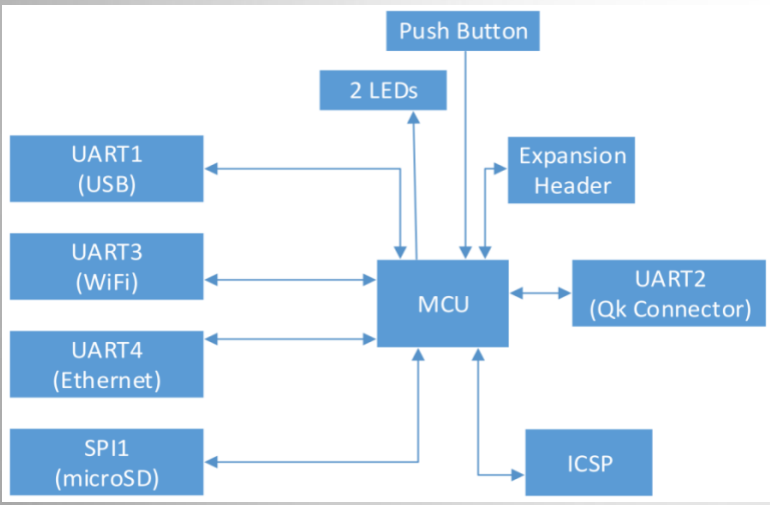
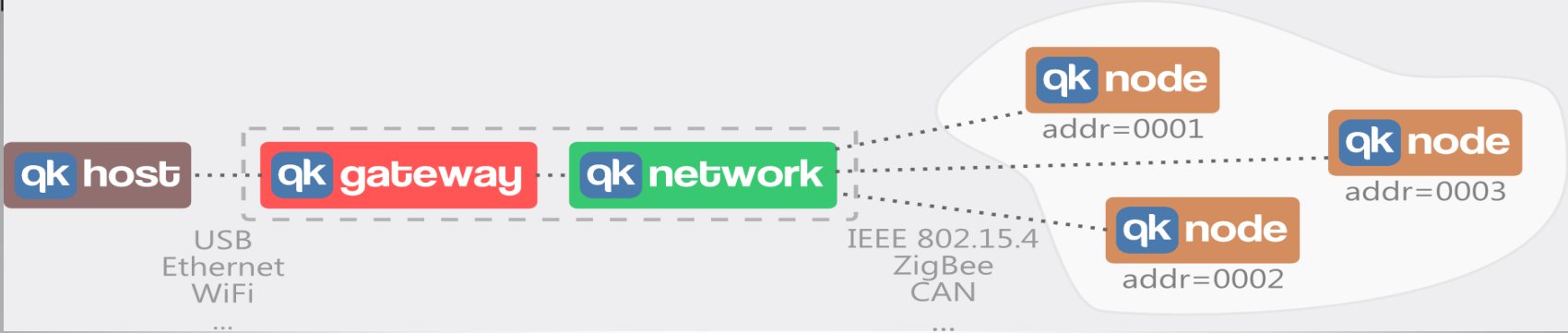
- One module one task:
 - **SSM**: Sensing, auto-calibration, data fusion,
 - **CM**: data communication, data storage.

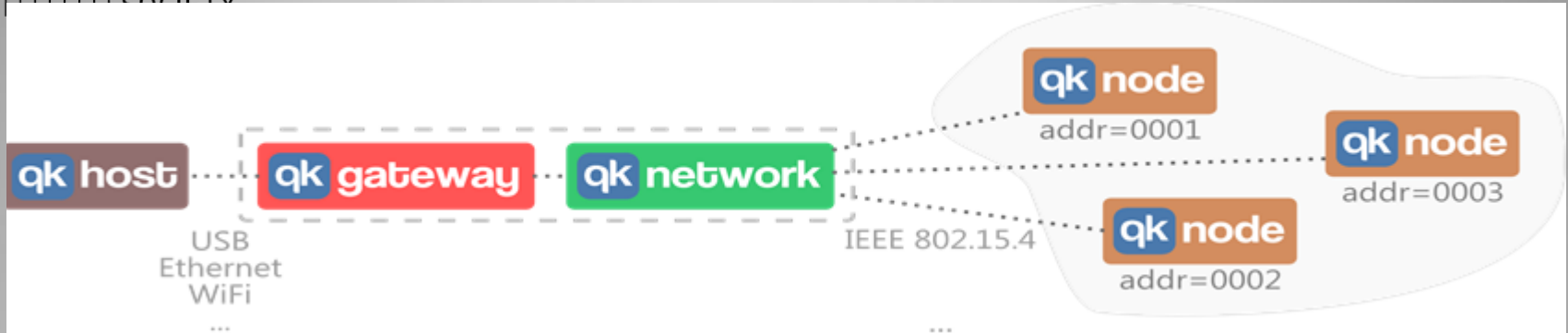




- qk node board includes: configurable smart sensing (qk device) communication (qk module) boards
- On-board non-volatile memory allows to store configuration data between power cycles

Advantages: Remote access, Plug-and-play Capability, Interoperability





qk gateway implementation

smart sensor module (qk device) : GPurpose IMU,

PPG

communication module

(qk module): Bluetooth,

ZigBee

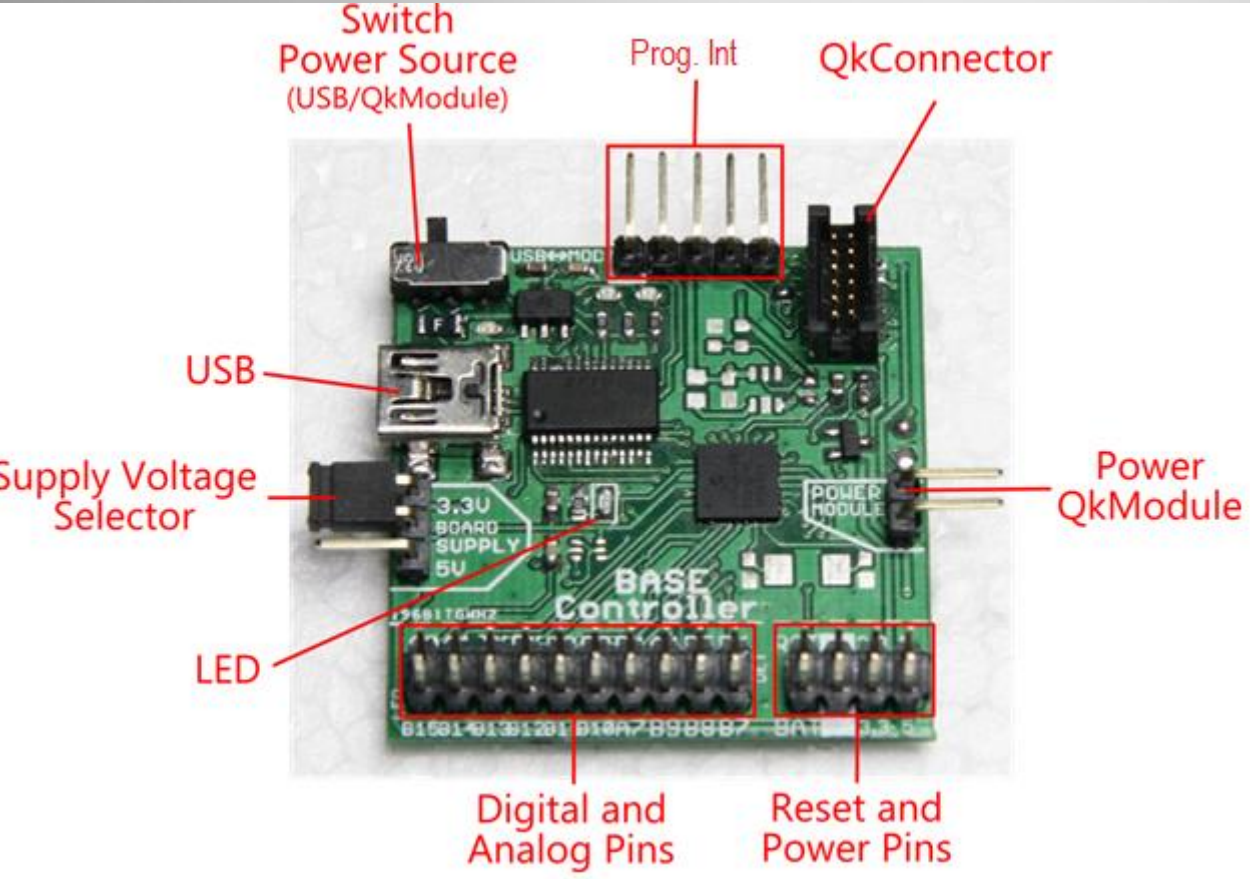


➤ Wireless network communication:

➤ ZigBee

➤ Bluetooth

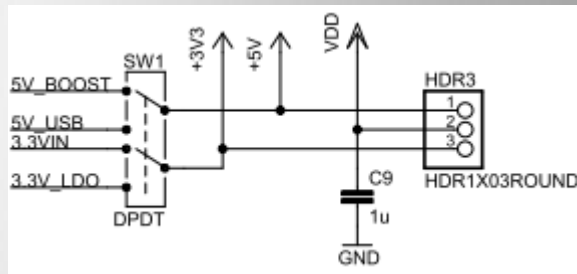




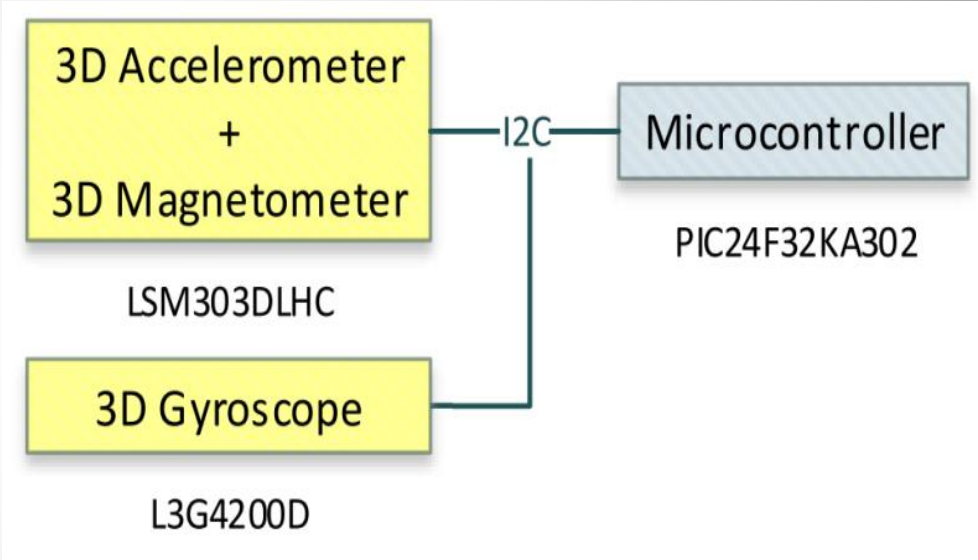
QkConnector:

UART2

Power source selector:



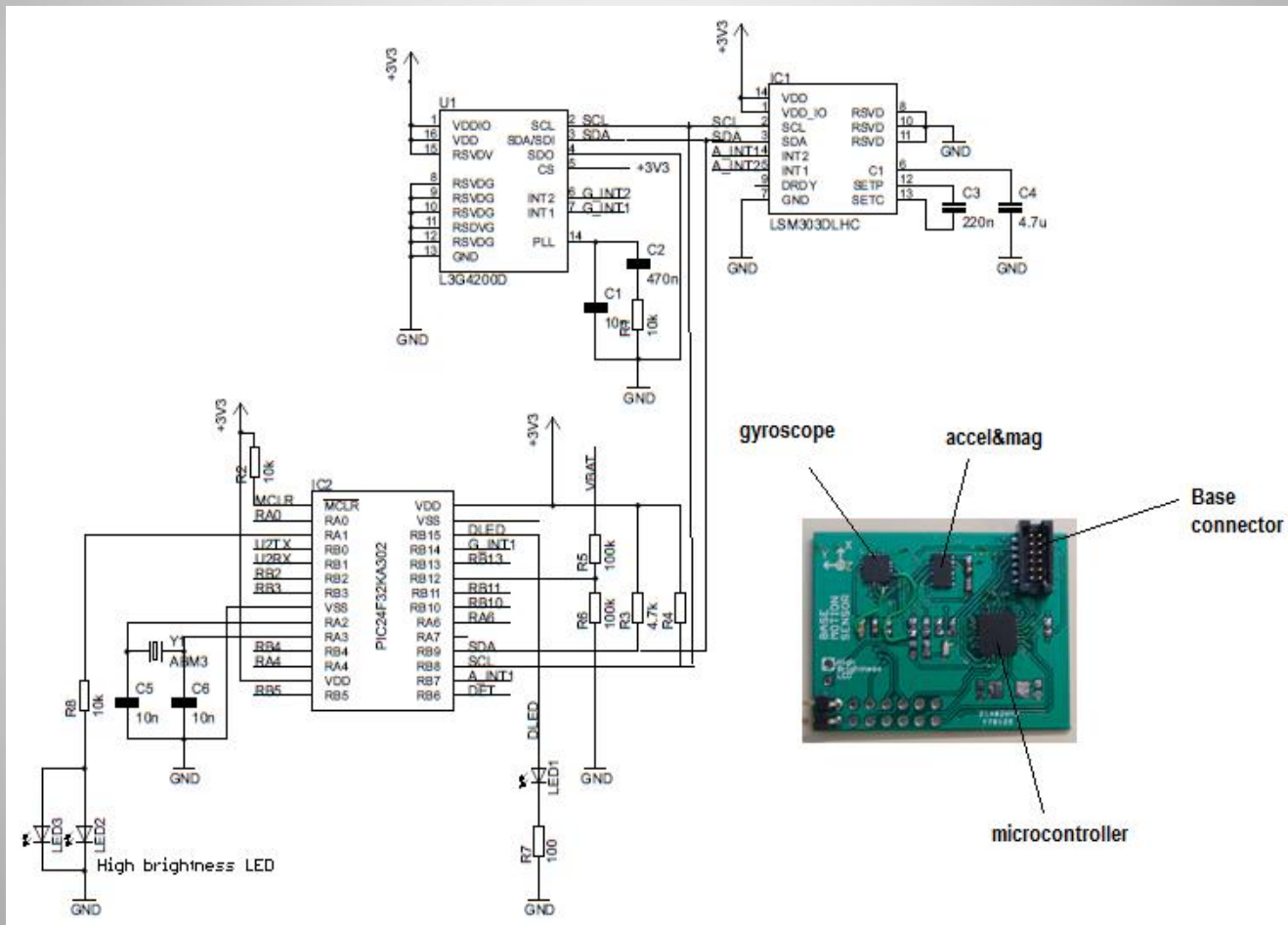
Applications: gait analysis



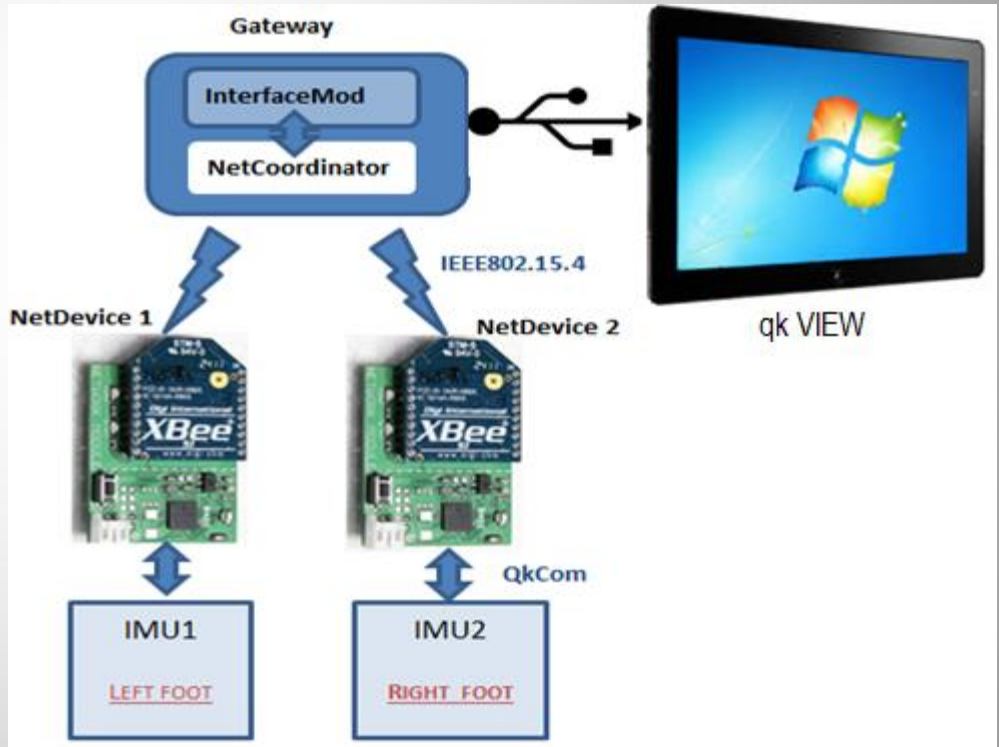
Gait test

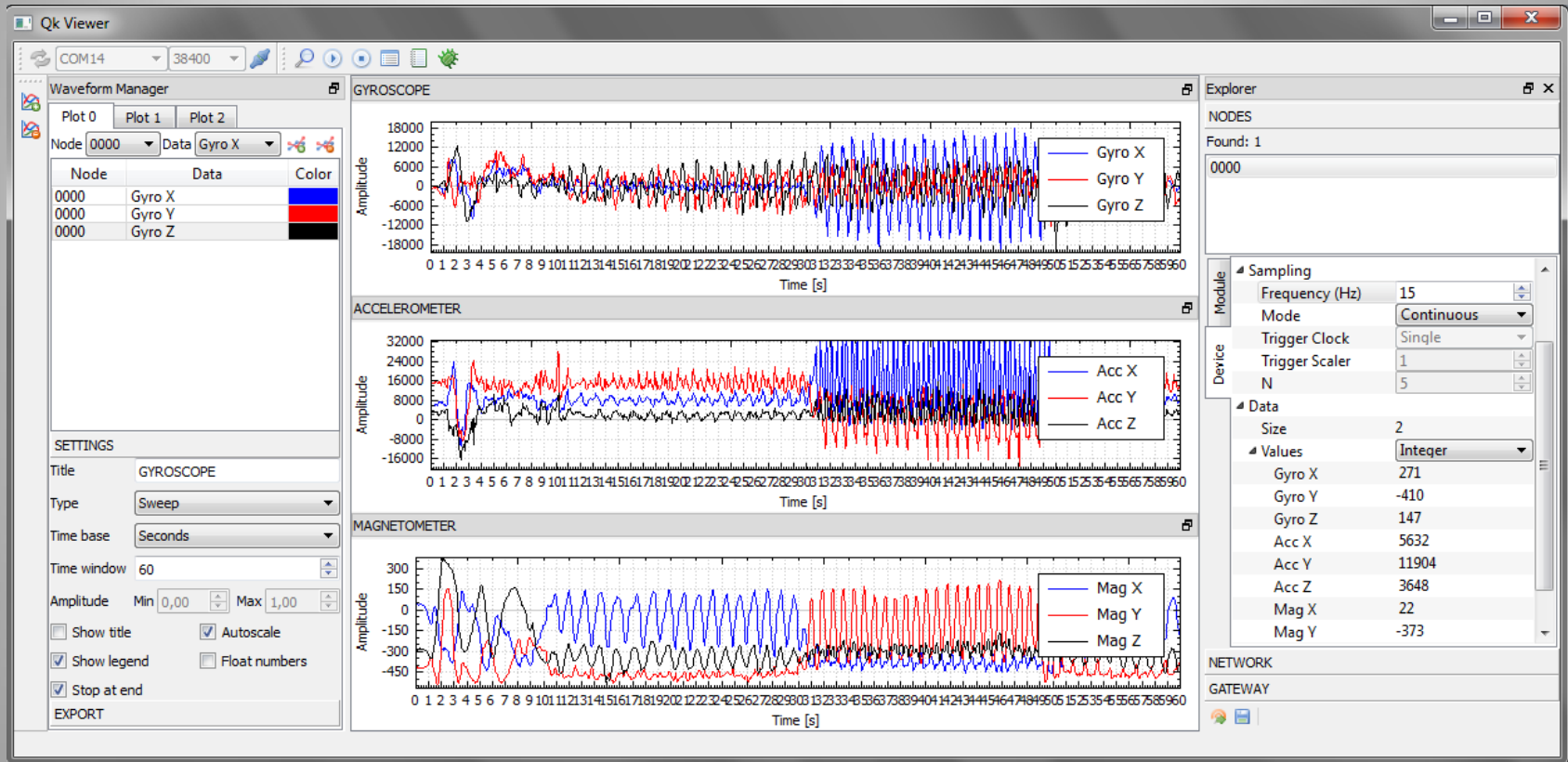
9 Degree of Freedom (DOF) Inertial Measurement Unit (IMU)

qk device IMU for physiotherapy



qk device IMU NET for physiotherapy





Unobtrusive sensing of physical rehabilitation

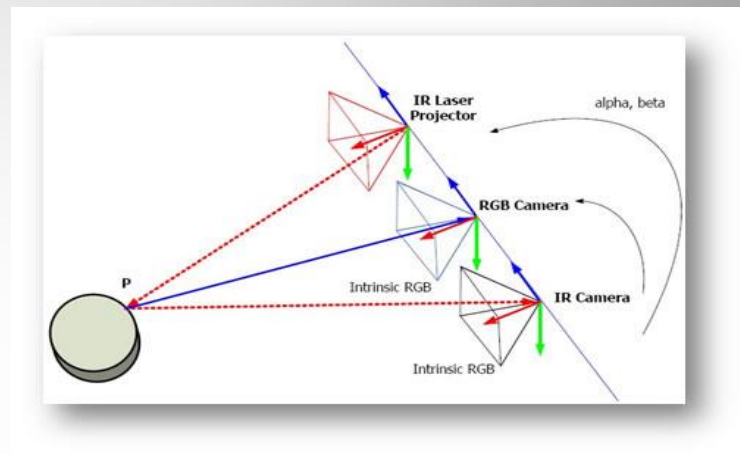
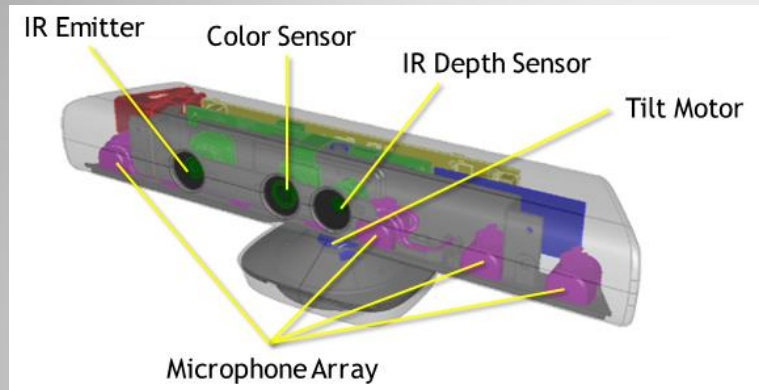
Kinect Sensing Technology



- Provide natural user interface - the body is the control;
- Measures range, angle and velocities during the physiotherapy sessions;
- Kinect Serious Games increase the motivation of the patient reducing the rehabilitation period.

Unobtrusive sensing of physical rehabilitation

Kinect sensor



IR speckle pattern

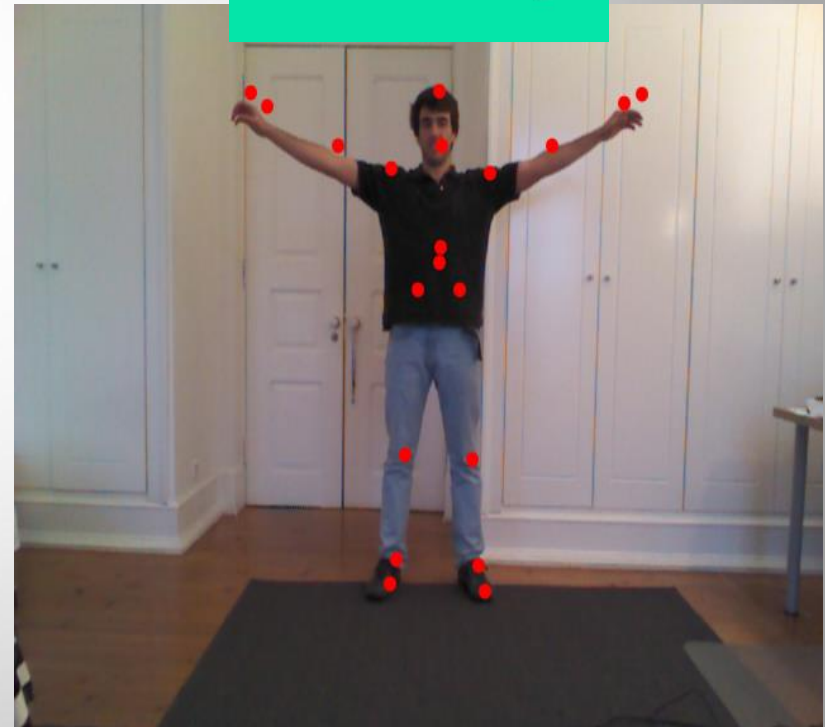


Depth estimation

Unobtrusive sensing of physical rehabilitation

Kinect sensor and Microsoft SDK

- Materializes a natural user interface - the body is the control
- Provide 3D coordinates for the 20 joints
- Unobtrusive monitoring for 3D rehab serious game is provided





Body sensing for objective evaluation of physical rehabilitation

Kinect Serious games

- ❧ Serious Games concept refers to the use of computer games without the main purpose of providing pure entertainment,
- ❧ Physical Therapy based serious games (**TheraGames**) a solution for fast physical rehabilitation process with high acceptance by healthcare community.



Unobtrusive sensing for objective evaluation of physical rehabilitation

Kinect Serious Games



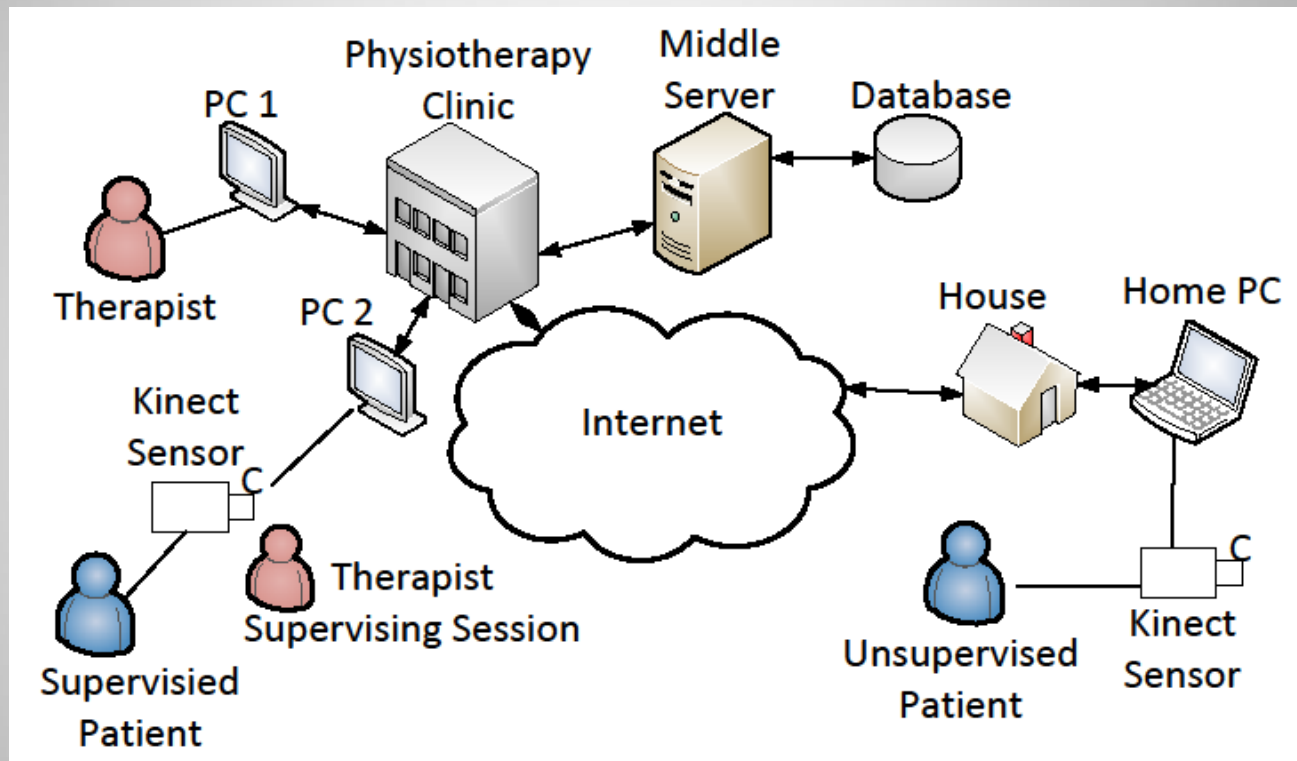
 Therasoup,



 AppleHarvesting

Unobtrusive sensing of physical rehabilitation

Kinect Computation Architecture



**Kinect Serious Games on the client side are
*GRANTED***

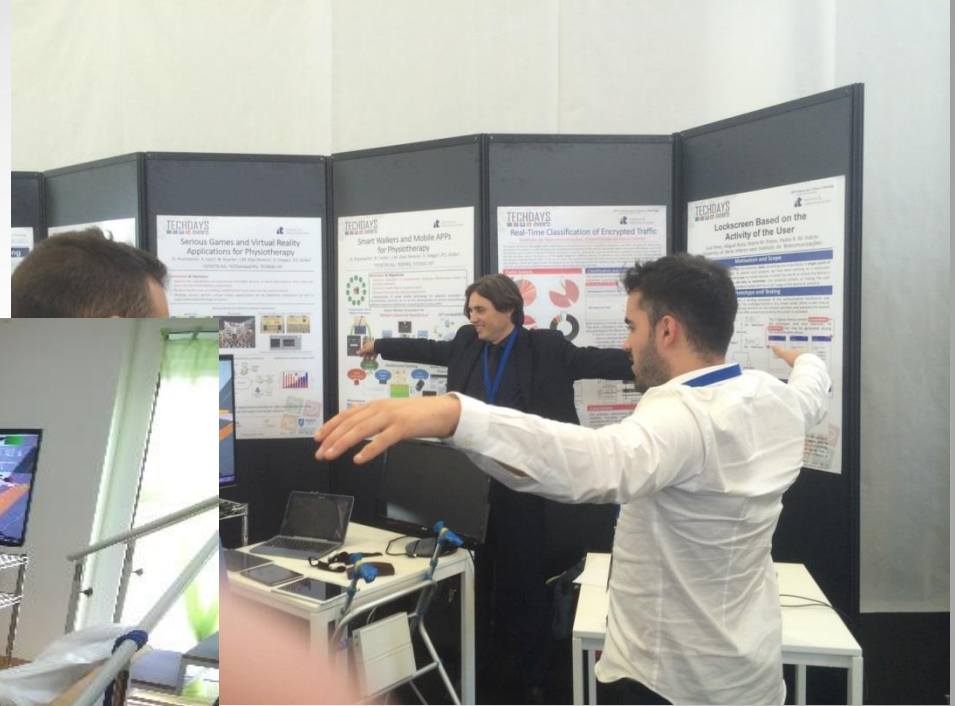
Kinect Serious Games For Rehabilitation *Therasoup v2.0*

IEEE
INSTRUMENTATION
& MEASUREMENT
SOCIETY



Unity 3D and C# technologies were used to develop the game

Kinect Serious Games For Rehabilitation



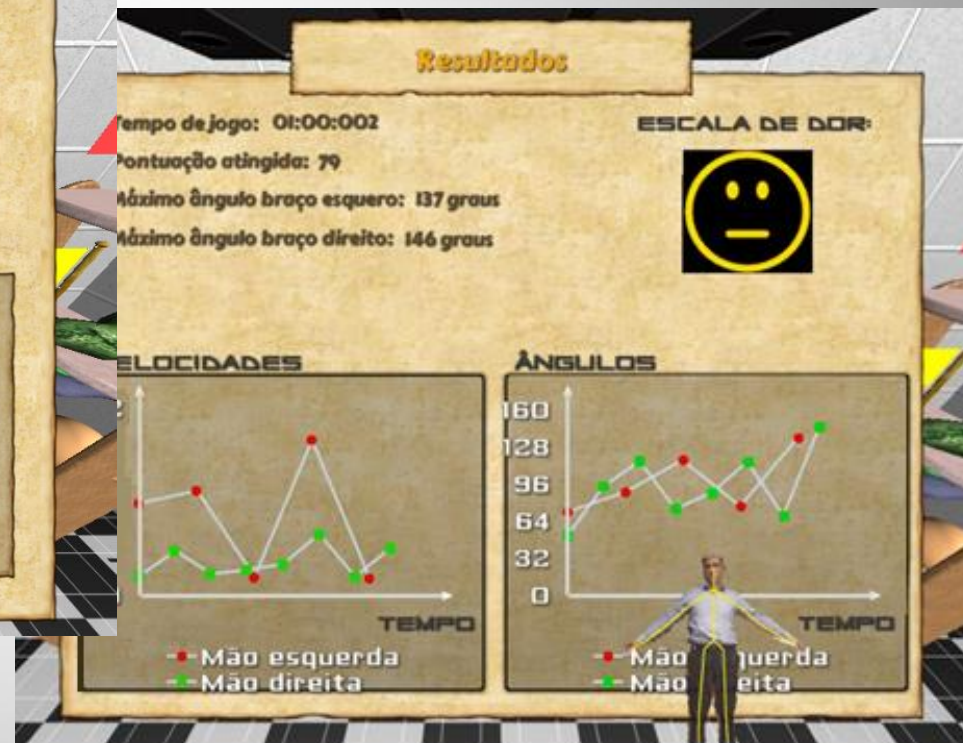
“Therasoup” under test in Beja Rehab Center and TechDays,
Aveiro, September, 2015

“Therasoup” Kinect Serious Games *training metrics and pain scale*

Pain scale game GUI

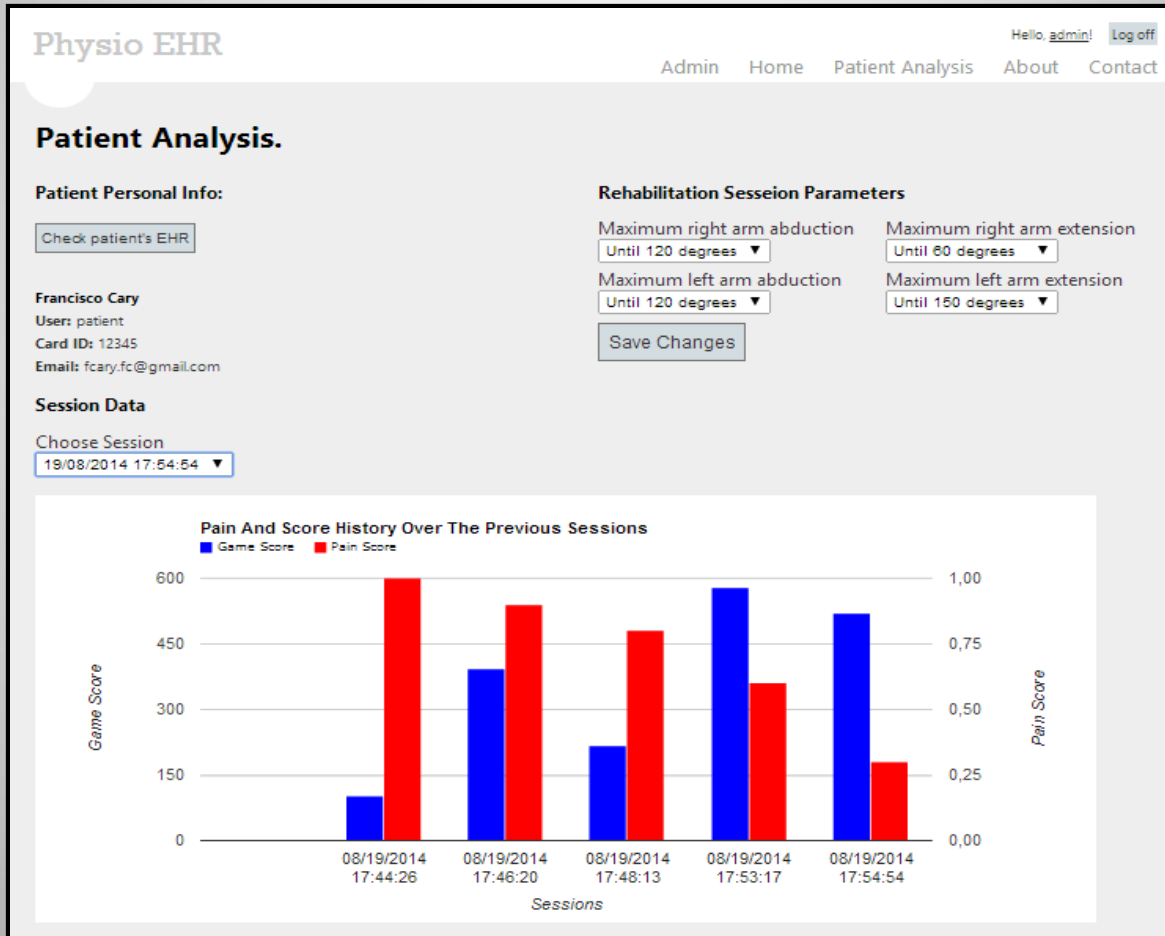


Training outputs

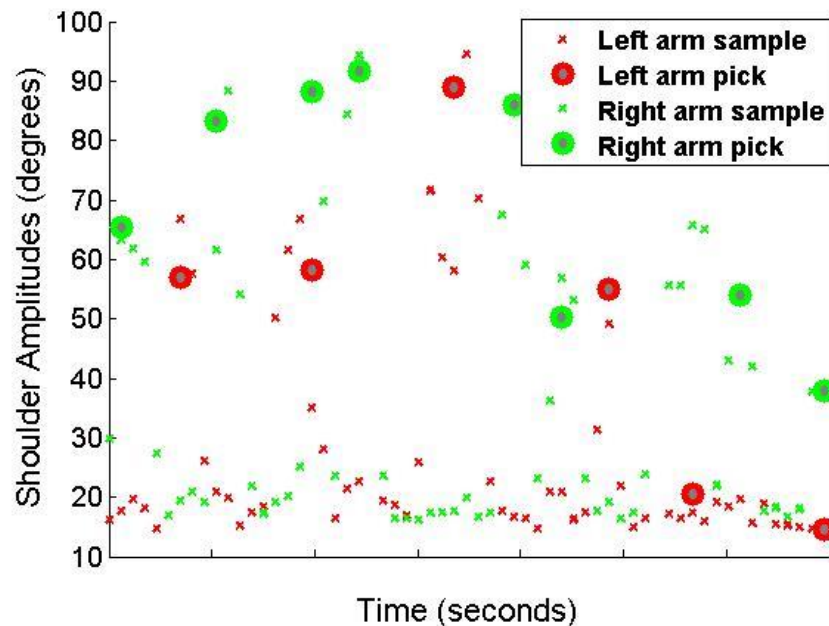


“Therasoup” Kinect Serious Games

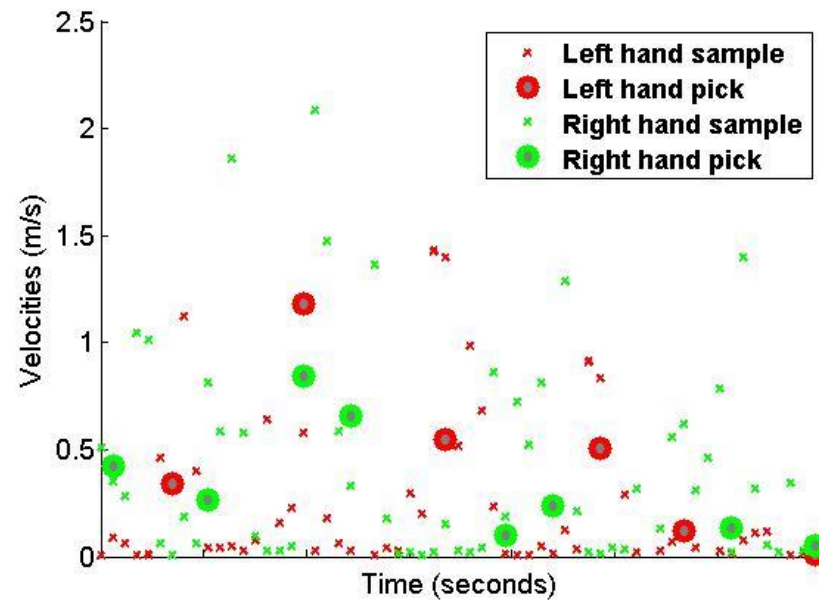
*web based: game configurator
game score and pain assessment*



Shoulder amplitudes

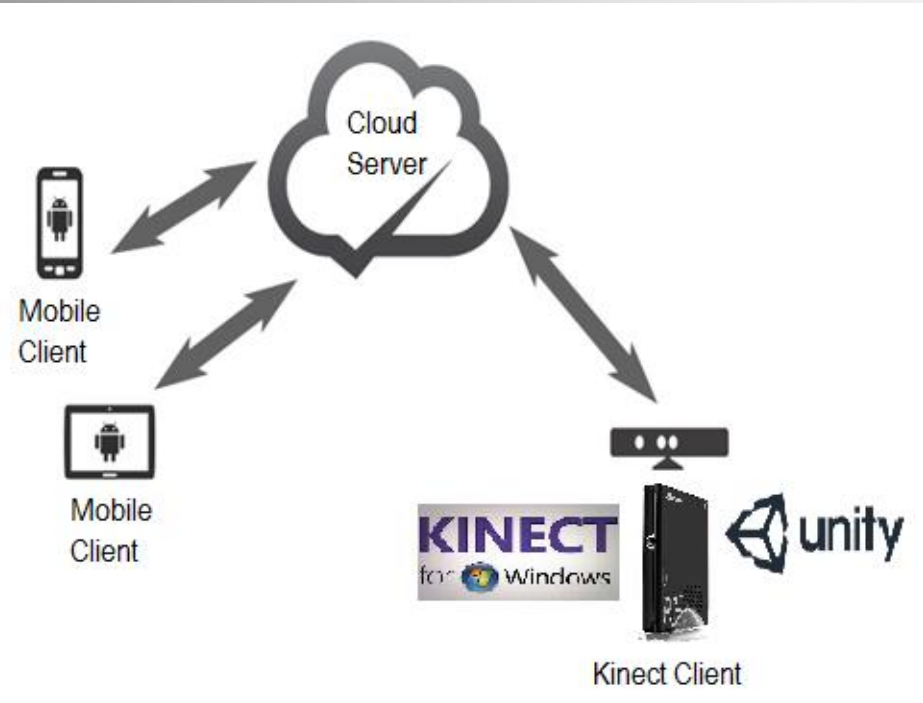


Arm velocities



“Apple Harvesting” Kinect Serious Game

Upper limb rehabilitation



*Computation architecture
Based on API*



*Implemented VR game
scenario*

Kinect Serious Games For Rehabilitation

Pervasive computing on Apple Harvesting



Manuel Santos
manuelsantos@gmail.com
problema no joelho esquerdo

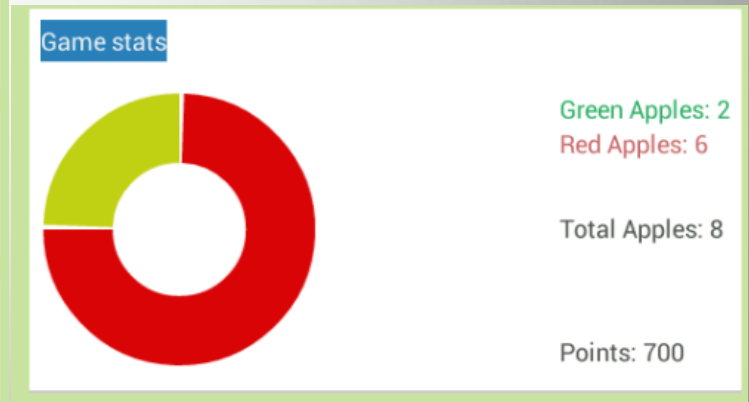
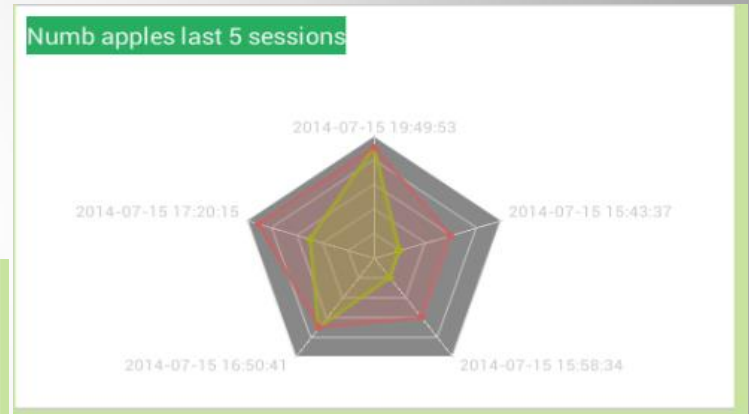
Add Plan

Plans
☰ x3 ➔

Notes
📄 x2 ➔

Goals
🏆 x10 ➔

Stats
🕒 x55 ➔



“Apple Harvesting” Kinect Serious Game

Tailoring for Increased Motivation



“Apple Harvesting” Kinect Serious Game

Objective evaluation

Tempo
0:29



Resultados

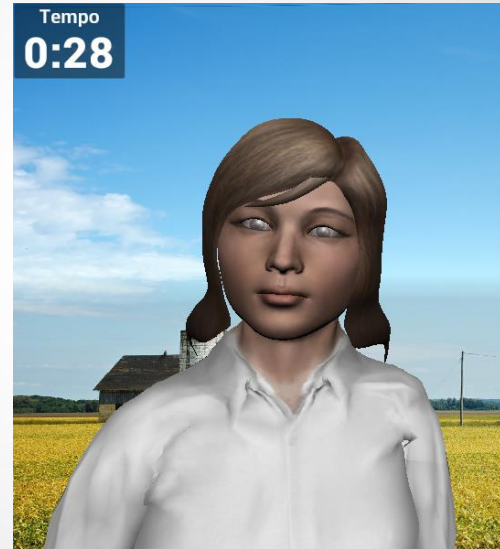
Bom trabalho!

Conseguiu **2700** pontos.
Apanhou **40** maçãs.
Maçãs verdes: **26**
Maçãs vermelhas: **14**

Conseguiu apanhar maçãs nestes ângulos:

70 graus:	Esq. 0 (0 0)	Dir. 7 (4 3)
85 graus:	Esq. 21 (15 6)	Dir. 8 (6 2)
100 graus:	Esq. 4 (1 3)	Dir. 0 (0 0)

Tempo
0:28



Resultados

Bom trabalho!

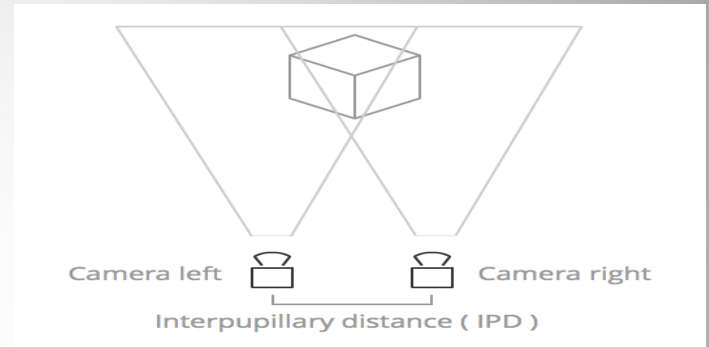
Conseguiu **2700** pontos.
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Unobtrusive sensing of physical rehabilitation

Leap Motion Controller



- **two cameras** track infrared light produced by three infrared LEDs → **3D stereoscopic image**

→ Gesture and position tracking with sub-millimeter accuracy are provided

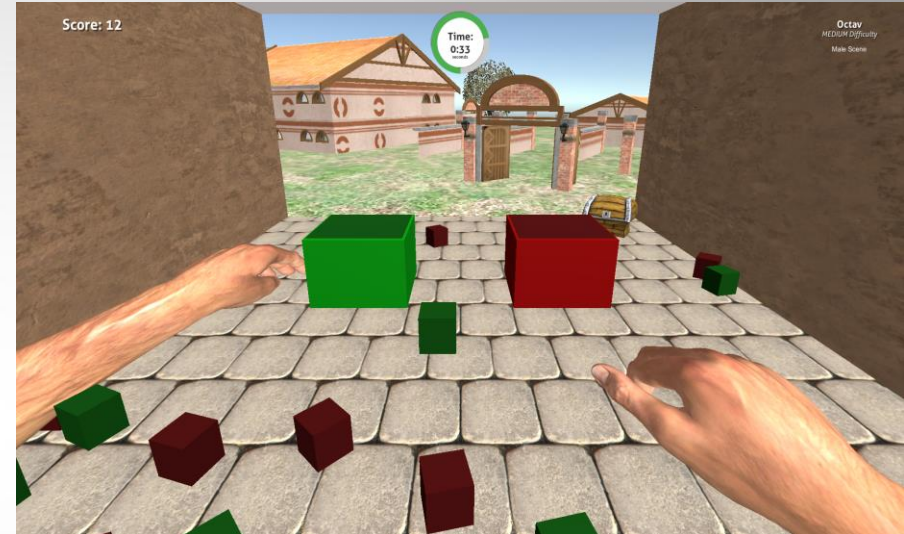
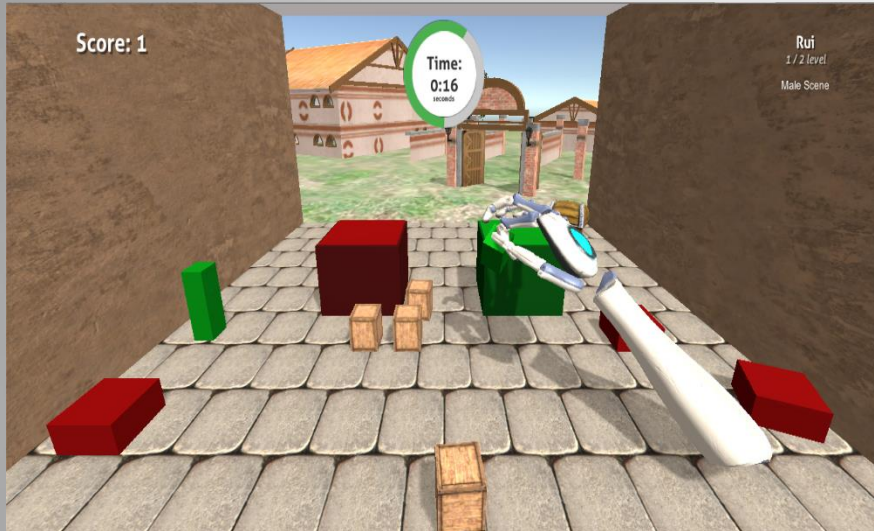
Unobtrusive sensing of physical rehabilitation

Leap Physio Serious Game Platform



Leap Motion Serious Game

Collect CUBES



- The physiotherapist can configure which level of difficulty of the game – (*EASY, MEDIUM, HARD*).
- *Personalized for user in order to increase the motivation*



Infrared Thermography Principles: Every object whose surface temperature is above absolute zero ($-273\text{ }^{\circ}\text{C}$) radiates energy at a wavelength (short wave 3-5 μm and long wave 7-9 μm) corresponding to its surface temperature.

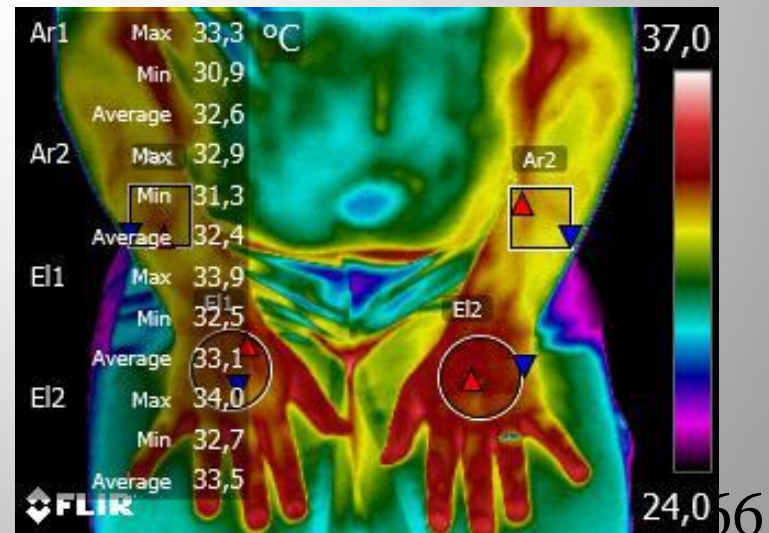
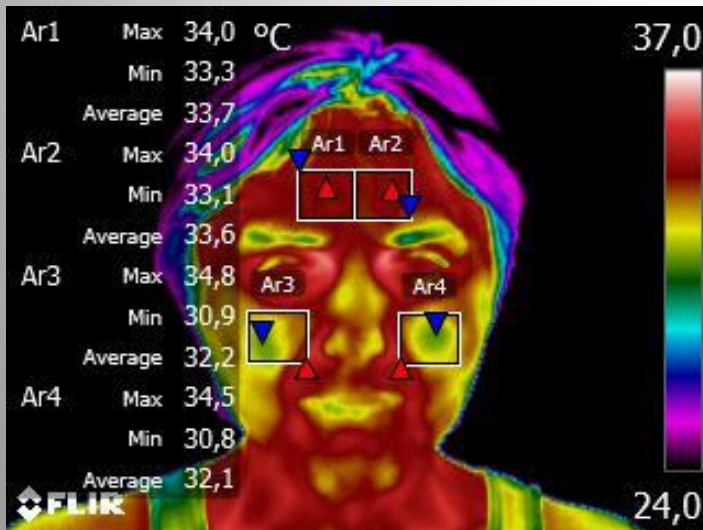


Highly sensitive infrared cameras capture this radiated energy in a thermal image of the object being surveyed. Thermal images are processed using FLIR Tools+ and ThermonitorTM software to extract appropriate metrics.

Physical Rehabilitation Evaluation

Applied Thermography

- Thermography camera provides unobtrusive procedure to measure the temperature without physical contact with the patient.
- Temperature increase caused by increased blood flow before and after physical therapy sessions are carried out.

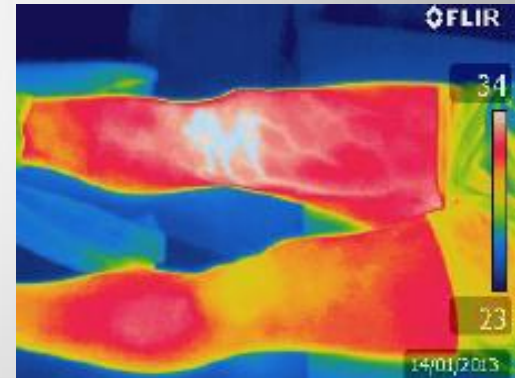
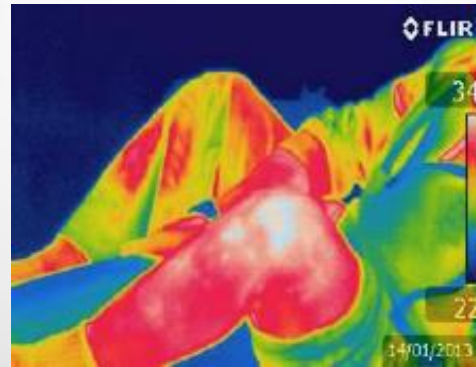


Physical Rehabilitation Evaluation

Knee Recovery Assessment



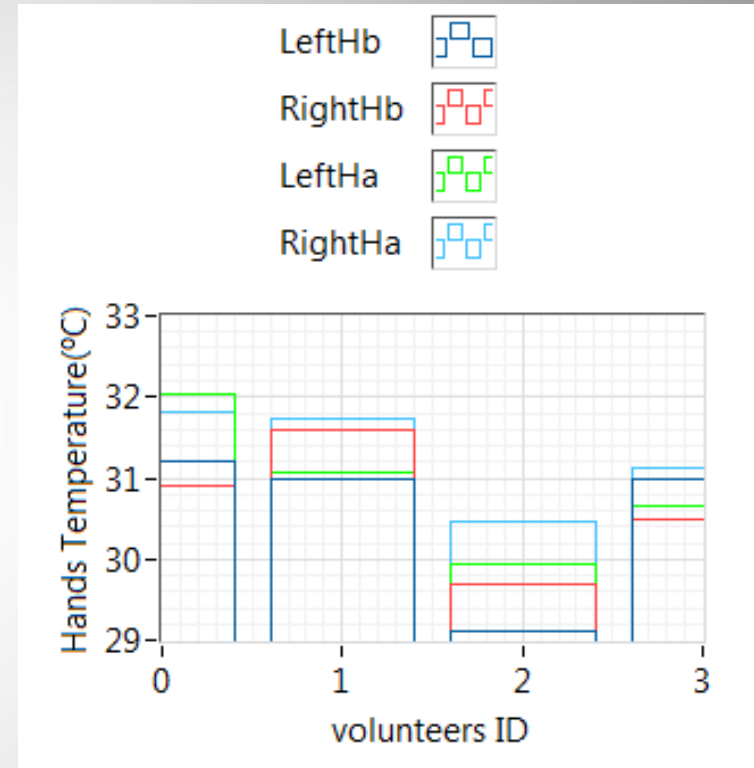
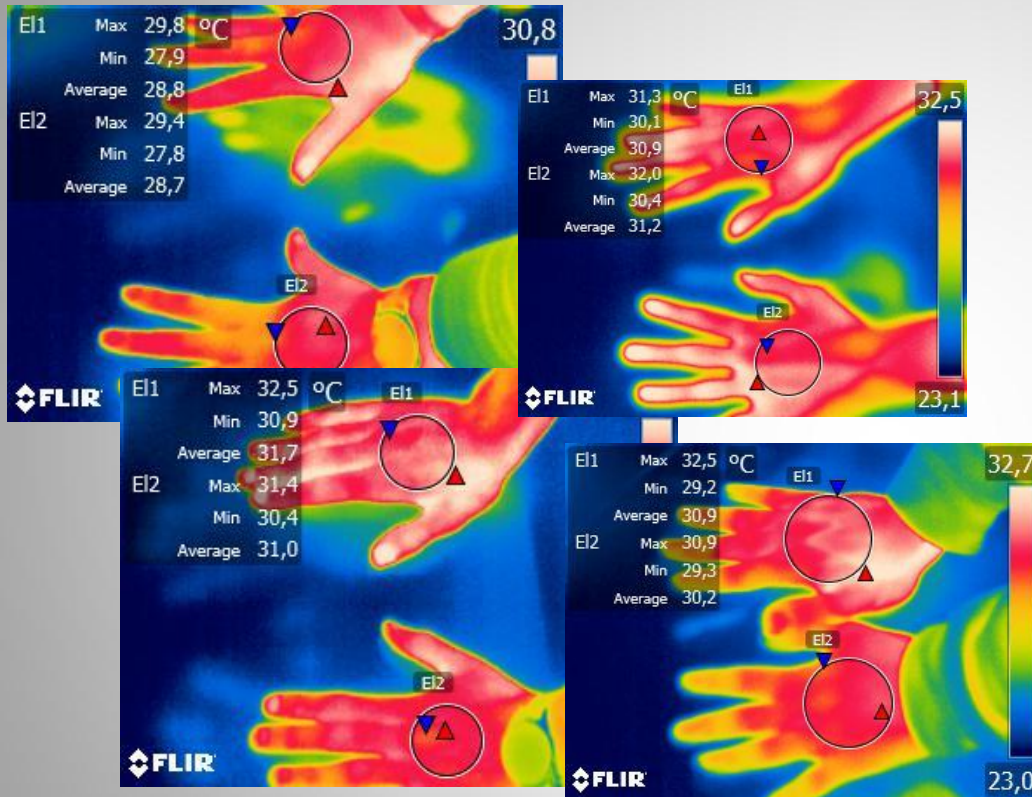
FLIR E60



Thermal images provided by the FLIR E60 clearly indicate inflammation of the knee.

Physical Rehabilitation Evaluation

LeapMotion & Thermography



Thermal images provided by the FLIR E60 indicates the temperature of the hand cutaneous tissue → *training session efficiency indication*

Conclusions

- Development of assistive environments based on non-intrusive smart sensors and pervasive computing designed for vital signs and physical therapy interventions supports:
- *Preventive medicine;*
- *Personalized medicine;*
- *Participative medicine;*
- Smart environments → useful solutions for in-home and remote rehabilitation services.
- **NUI Serious Games** and **Thermography** new challenge regarding usability and acceptance

Thank you!

Questions?