# F.A.M.



#### Simon Fraser University School of Engineering Science ENSC 305/440- Capstone Project

Group Members:
Behdad Jamshidi
Eric Swanlund
Ted Lee
Zack Frehlick
Nastaran Naghshineh

**April 10, 2012** 

- Team Members
- Motivation
- Business Case

Competition

Market Potential & Difficulties

- System Overview
- System Design

Portable Device Hardware

Fall Detection Software

Central Device Hardware & Software

Project Details

**Timeline** 

Budget

- Conclusion & Summary
- Acknowledgments and References
- Questions

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#### Individual Roles

#### Behdad Jamshidi, Team Leader

- > Hardware and software of central box
- > Implementing text messaging
- ➤ Programming LCD
- Ordering and delivering parts
- > Schedule meetings & keeping team on track

#### Ted Lee

- ➤ Hardware and software of central box
- > Implementing text messaging
- ➤ Programming LCD
- > Ordering and deciding on the parts

#### Individual Roles Cont'd

#### Zack Frehlick

- > Developing fall algorithm
- ➤ Hardware and software of portable accelerometer device
- > RF communication between devices
- > Ordering and deciding on the parts

#### \* Eric Swanlund

- > Hardware and software of portable accelerometer device
- > RF communication between devices
- Developing fall algorithm
- Ordering and deciding on the parts

#### Nastaran Naghshineh

- Helping both sub-groups
- > Ordering and deciding on the parts
- Funding

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#### Motivation









- ➤ More than one-third of adults 65 and older fall each year.
- The risk of falling and fall-related problems rises with age.
- ➤ Over 19700 elderly adults died from falling in 2008.
- ➤ People are more likely to return to independent living after a fall if help comes quickly

- Team Members
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- **Business Considerations** 
  - Competition

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Competition





Life Alert



Philips Lifeline with AutoAlert



Brickhouse Alert Fall Detector

### Market Potential





- In 2000, total medical expenses for fall injuries were \$19.3 billion dollars.
- Walgreen's Ready Response system generated 9.5 million in second quarter revenue in 2008.

# Difficulties in Industry

- Many elderly feel stigmatized by wearing monitoring devices.
- Families want security, but elderly folk want independence.



What is the solution?

- Team Members
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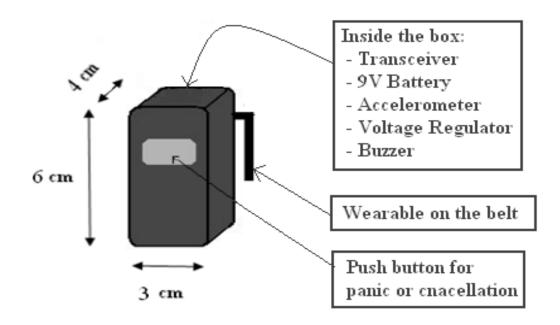
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## System Overview

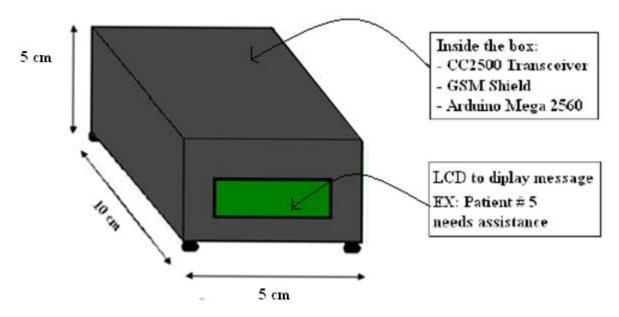
#### Portable Device



- Detects a proper fall
- Sends a signal to the central device

## System Overview

#### **Central Device**



- Receives signals from portable device
- Sends text messages
- Displays which portable device has sent a signal on LCD

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**Portable Device Hardware** 

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#### Portable Device Hardware

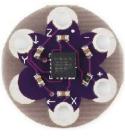
- \* eZ430-RF2500 Development Kit
  - Contains MSP430F2274 microcontroller and CC2500 2.4 GHz wireless transceiver



#### Portable Device Hardware

\* ADXL335 Accelerometer: 3g (not adequate)



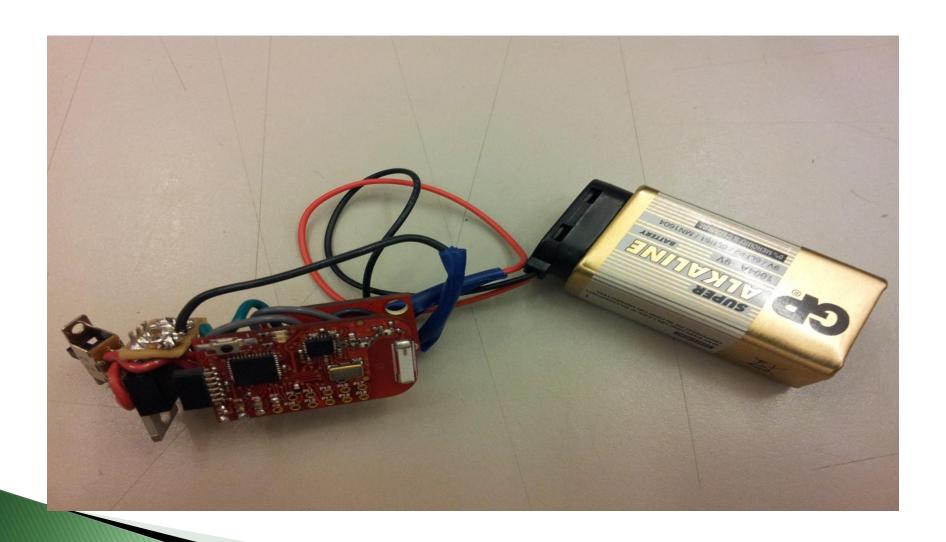




\* MMA7361 Accelerometer: 6g (adequate)



## Portable Device Hardware



- Team Members
- Motivation
- Business Considerations

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Portable Device Hardware

**Fall Detection Software** 

Central Device Hardware & Software

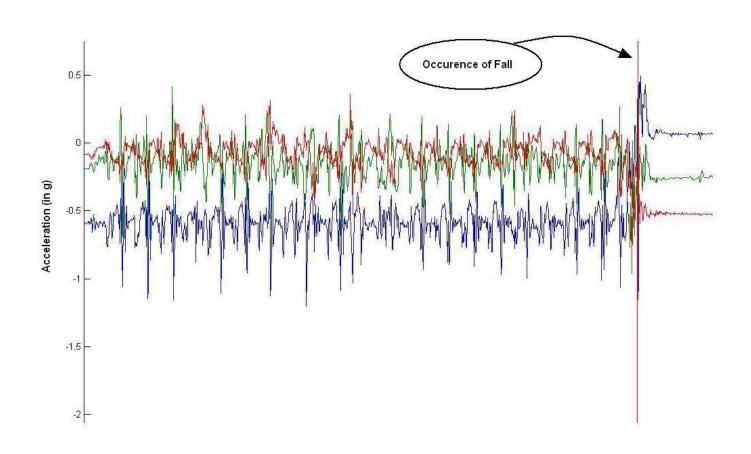
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## Fall Detection Software



#### Fall Detection Software

Final Fall Algorithm:

Step 1) 
$$Magnitude = \sqrt{Acc_X^2 + Acc_Y^2 + Acc_Z^2}$$

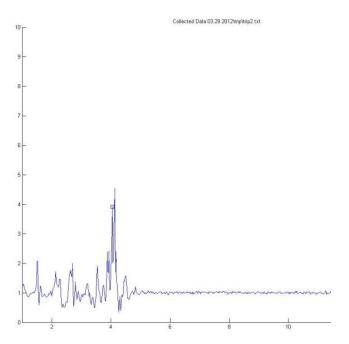
> Step 2) Acceleration Peak:

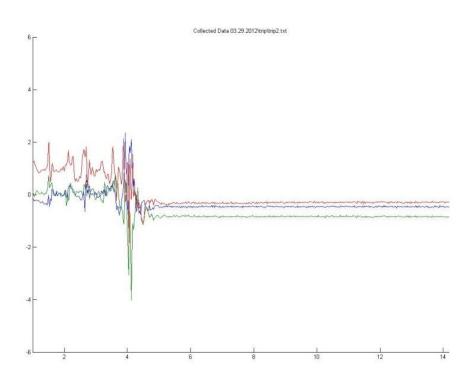
> Step 3) Compare orientation 1 second before and 1 second after peak

### Fall Detection Software

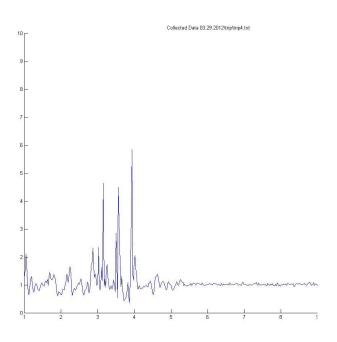
- ► Test Cases:
  - Common Types of Falls (trips, slips, etc.)
  - Loss and Recovery of Balance (near falls)
  - Activities of Daily Living (ADLs)

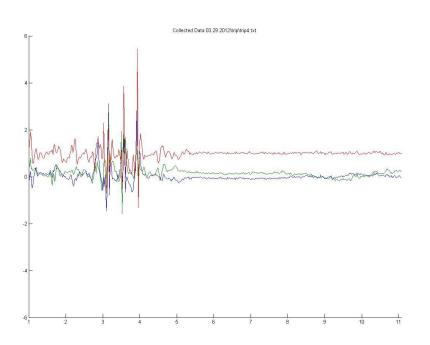
# Fall Type - Trip



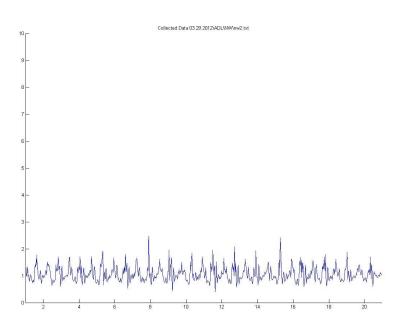


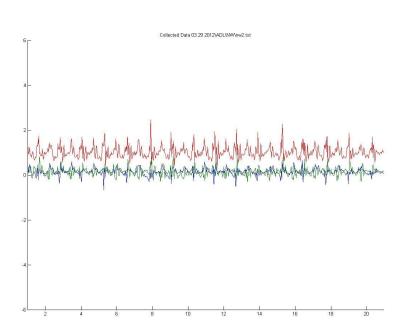
# Near-Fall - Trip



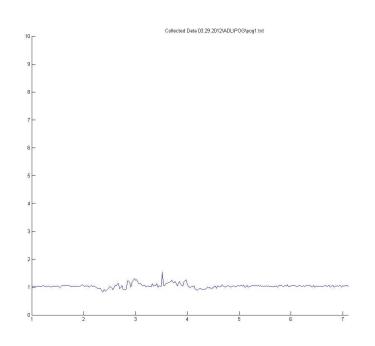


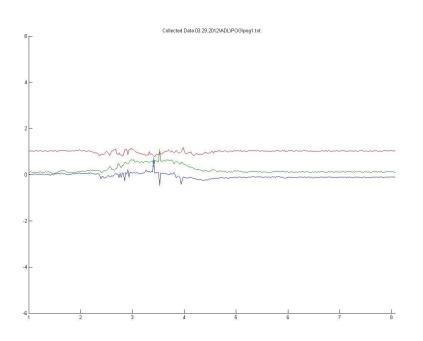
# ADL - Walking





# ADL - Pick Up Off Ground





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#### Central Device Hardware & Software

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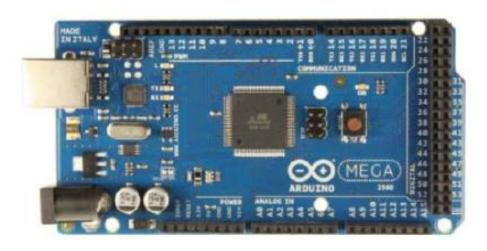
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#### Central Device Hardware

- \* Arduino Mega 2560
  - Easy to work with microcontroller with fast learning curve
  - Controls the texting and display modules of the central device
  - ➤ Powered by 5V and 3A regulator



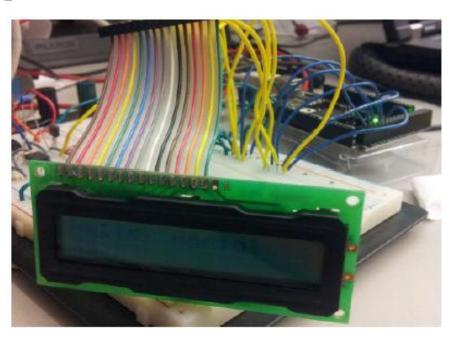
#### Central Device Hardware

- \* GSM shield Module
  - ➤ Has the ability to do everything a cell phone can
  - Controlled by AT-commands



### Central Device Hardware

- \* LCD Display (model TM162ADA7-2)
  - ➤ Displays the state of the portable device
  - ➤ Controlled by Arduino



### Central Device Software

Arduino Software (C++)

#### Texting

 Receives a radio frequency signal from Portable device wirelessly and triggers the GSM shield module to send text messages to loved ones.

#### LCD

 When a radio frequency signal is received from the Portable device, it shows which device has fallen and displays the device name on the screen.

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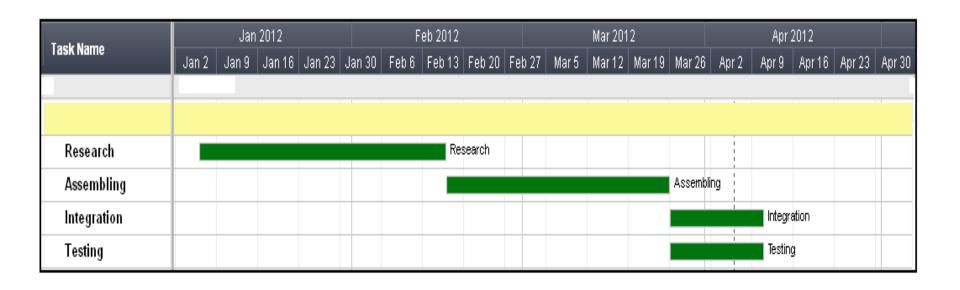
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**Timeline** 

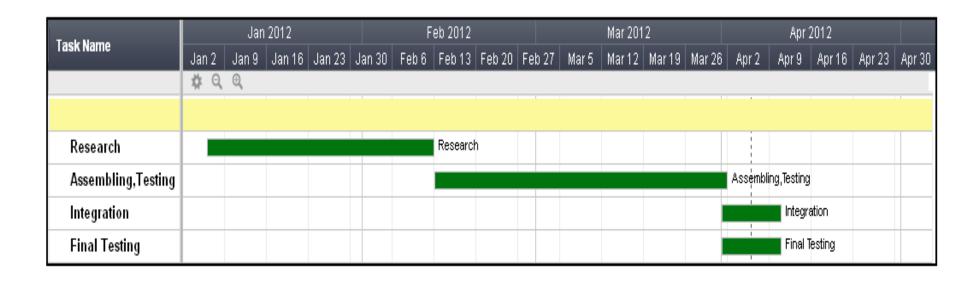
**Budget** 

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# Timeline: Expected



### Timeline: Actual



# **Budget: Expected**

Component	Price
LED light	\$ 10
Accelerometer	\$ 150
Wireless Transmitter Receiver	\$ 300
Microcontroller	\$ 50
Other Costs	\$ 100

**TOTAL:** \$ 610

# Budget: Actual

Component	Price
Development Boards & kits	\$ 151.65
Triple Axis Accelerometer	\$ 39.04
GSM Shield	\$ 126.70
Cellular Shield (Arduino Board)	\$ 117.91
Material for outside box	\$ 35.12
Other costs	\$ 115.09
Unused components	\$149.87
Broken Components	\$ 151.65

**TOTAL:** \$886.98

- ▶ The project has been divided into sub-groups.
- Helped each other when problems occurred.
- Every one did the best to bring the project to success.



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#### What We Learned - Central

- How to work with Arduino board, GSM shield module, and LCD
- Soldering skills and techniques
- Teamwork and organization
- Creating and sticking to timelines and weekly goals

#### What We Learned - Portable

- Working with microcontrollers, RF communication, accelerometers, and debugger
- There will always be unforeseen problems
- Be persistent and creative in addressing problems
- Attention to detail

## **Future Developments**

- Add keyboard for entering phone numbers and clearing the display
- Implement portable device on a single chip
- Create smaller and more attractive device case
- ▶ Improve RF communication system

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#### Portable Device Problem

- We have experienced significant problems with development kit, having to buy 2 replacement kits.
- CC2500 transceiver module becomes unresponsive and fails to initialize or communicate. All three kits we purchased eventually failed in the same way.
- In our demo, we can show the two system parts working independently, and we have implemented a short-term RF communication solution.
- We also have video footage of our device functioning properly, prior to development kit failure.

## Acknowledgments

#### Thanks to:

- Dr. Stephen Robinovitch and graduate student Omar Aziz for guidance in fall testing and allowing us to borrow their data
- ENSC 305/440 Instructors and TAs:
   Dr. Andrew Rawicz, Steve Whitmore, Lukas-Karim Mehri, Shaghayegh Hosseinpour, Ali Ostadfar
- Engineering Science Student Endowment Fund (ESSEF) for funding the project

#### References

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  [April 9, 2012]

# Questions



## **Project Demonstrations**